#### Sides and extras 4.23 Bowl of chips @ 964 kcal (Add: Spicy seasoning @ (7 kcal) 34p) 2.48 Small bowl of chips @ 602 kcal Five chicken wings **FFF** 407 kcal 3.34 NEW Five chicken breast bites 161 kcal 2.99 Eight Whitby breaded scampi 464 kcal 4.99 Grilled halloumi-style cheese V 447 kcal 1.97 Peas 133 kcal Mushy peas V 248 kcal 94p 2.29 Side salad @ 91 kcal Mediterranean side salad @ 198 kcal 3.22 Roasted vegetables @ 135 kcal 1.53 Coleslaw V 399 kcal 1.40 88p Sliced chillies FFFF @ 3 kcal 94n Chicken gravy 50 kcal Onion rings 🕖 Six 269 kcal 2.33 **Twelve** 538 kcal **3.50** 8" 386 kcal 4.40 **11**" 772 kcal **5.57** Garlic pizza bread 🗸 8" 473 kcal 4.98 **11**" 922 kcal **6.44** With cheese V

#### **Desserts** NEW Salted caramel sticky toffee pudding V 4.99 Vanilla ice cream 877 kcal or custard 741 kcal NEW Millionaire's shortbread V 600 kcal 2.17 Two vanilla ice cream scoops, shortbread biscuit, Belgian chocolate sauce, toffee sauce Vanilla ice cream V 500 334 kcal 1.82 Two scoops, toffee sauce, Belgian chocolate sauce 1.82 Cookie crunch V 555 364 kcal Two vanilla ice cream scoops, chocolate cookie, Belgian chocolate sauce Mini warm chocolate brownie V 500 435 kcal 2.98 Belgian chocolate sauce, vanilla ice cream Mini warm cookie dough sandwich (V) (1888) 431 kcal 2.98 Salted caramel filling, toffee sauce, vanilla ice cream Mini American-style pancakes (V 500) 412 kcal 3.54 Two pancakes, maple-flavour syrup, vanilla ice cream 4.56 Fresh fruit V 5% 500 470 kcal Apple, banana, blueberries, strawberries, vanilla ice cream Warm chocolate fudge cake V 909 kcal. Vanilla ice cream 5.33 Warm chocolate brownie V 736 kcal 5.33 Belgian chocolate sauce, vanilla ice cream Warm cookie dough sandwich V 727 kcal 5.33 Salted caramel filling, toffee sauce, vanilla ice cream British Bramley apple crumble V 5.62 Vanilla ice cream 673 kcal or custard 🚳 537 kcal 4.99 American-style pancakes V 38 689 kcal

Add: Custard (134 kcal) 1.23; Vanilla ice cream scoop (135 kcal) 94p Belgian chocolate sauce (61 kcal) 42p; Toffee sauce (66 kcal) 42p Banana (110 kcal) 62p; Strawberries (27 kcal) 62p; Blueberries (17 kcal) 62p

#### ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on our menus, customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:

· Exclude those dishes containing certain allergens.

Four pancakes, maple-flavour syrup, vanilla ice cream

- See full lists of ingredients.
- Set Calorie and carbohydrate limits. · List only vegan or vegetarian dishes.
- While we have procedures for segregating preparation within meals and drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform

us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

#### DIETARY SYMBOLS

= Very mild = Mild	= Medium	hot //// = Very hot
= Extremely hot		
Vegetarian Vegan	5% fat or less	Dish under 500 Calories
		1400

Seafood with this mark comes from an MSC-certified sustainable fishery. MSC-C-56647 www.msc.org

Adults need around 2000 kcal a day.§

## BREAKFAST

# 8am - 12 noon

Large breakfast 1343 kcal Two fried eggs, bacon, two Lincolnshire sausages, baked beans, three hash browns, mushroom, two slices of toast	6.59	Poached egg, toast, guacamole, pico de gallo, grilled halloumi-style cheese, mushroom, salsa	3.88
<b>Traditional breakfast</b> 807 kcal Fried egg, bacon, Lincolnshire sausage, baked beans, two hash browns, slice of to		Eggs Benedict 725 kcal Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket	5.14
Small breakfast (555) 435 kcal Fried egg, bacon, Lincolnshire sausage, baked beans, hash brown	4.45	Mushroom Benedict ♥ 638 kcal	5.14
Add: Black pudding (178 kcal) <b>75p</b>		Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket	
Freedom breakfast 586 kcal Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato	4.45	Miner's Benedict 939 kcal Two poached eggs, on an English muffin, with black pudding,	5.14
<b>Large vegetarian breakfast </b> ♥ 1129 kcal Two fried eggs, three vegan sausages, baked beans, three hash browns,	6.59	Hollandaise sauce, rocket  American-style pancakes	
mushroom, tomato, two slices of toast  Vegetarian breakfast V 786 kcal	4.99	NEW Four pancakes, banana, strawberries, blueberries, maple-flavour syrup.	4.99
Two fried eggs, two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast		Four pancakes, maple-cured bacon, maple-flavour syrup. 645 kcal Four pancakes, maple-flavour syrup. <b>V</b> § 554 kcal	4.99 4.30
Small vegetarian breakfast 🗸 🕸 쮒 291 kcal Fried egg, vegan sausage, baked beans, hash brown, tomato	4.45	Small American-style pancakes Two pancakes, maple-cured bacon, maple-flavour syrup. (55) 322 kcal	3.54
<b>Vegan breakfast  ⊘</b> 642 kcal Two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread	4.61	Two pancakes, maple-flavour syrup. ♥ ጭ ௵ 277 kcal  Scrambled egg on toast ♥ 570 kcal  Three eggs, buttered white bloomer toast	3.25 3.77
American breakfast 1258 kcal Two fried eggs, two hash browns, maple-cured bacon, two Lincolnshire sausages	6.85	Beans on toast <b>3</b> \$\infty\$ 566 kcal. Buttered white bloomer toast <b>NEW Vegan option available with vegan spread 3</b> \$\infty\$ \$\infty\$ 600 kcal	3.66
four pancakes, maple-flavour syrup  Small American breakfast 629 kcal	4.99	Small beans on toast ♥ ॐ ௵ 252 kcal Buttered white bloomer toast	2.62
Fried egg, hash brown, maple-cured bacon, Lincolnshire sausage, two pancakes, maple-flavour syrup	4.77	Two slices of toast with jam or marmalade ♥ 524 kcal White bloomer bread	2.47
Porridge V 👀 🐯 252 kcal (plain)  Add: Banana 🕢 (110 kcal) 62p; Maple-flavour syrup 🕖 (125 kcal) 34p	2.09	Fresh fruit (2) (30) (30) kcal Apple, banana, blueberries, strawberries	3.66
Strawberries ⊚ (27 kcal) 62p; Blueberries ⊚ (17 kcal) 62p Honey ♥ (91 kcal) 34p; Sliced apple ⊚ (46 kcal) 62p		NAV Fresh fruit and yoghurt ♥ ፡፡ 334 kcal Apple, banana, blueberries, strawberries, Greek-style honey yoghurt	4.45

#### **Breakfast extras**

Add any of the following:					
Black pudding 178 kcal	75p	Two rashers of back bacon 131 kcal	1.57	Baked beans @ 126 kcal	93p
Lincolnshire sausage 168 kcal	1.05	Four rashers of maple-cured bacon 91 kcal	1.52	Two mushrooms @ 100 kcal	93p
Vegan sausage 🕖 82 kcal	1.05	Two scrambled eggs V 136 kcal	1.63	Two grilled tomato halves @ 16 kcal	52p
Slice of toast V 225 kcal	1.13	Fried egg V 56 kcal	93p	Grilled halloumi-style cheese V 447 kcal	1.97
Hash brown 🥝 82 kcal	46p	Poached egg V 63 kcal	93p		

## **Breakfast butties and wraps**

<b>Bacon butty</b> 574 kcal. Three rashers of bacon, buttered white bloomer bread	3.88
Sausage butty 714 kcal	3.88
Two Lincolnshire sausages, buttered white bloomer bread	
Vegetarian sausage butty ♥ 541 kcal	3.88
Two vegan sausages, buttered white bloomer bread	
NEW Vegan option available with vegan spread @ 🕸 📆 435 kcal	

## Rroakfast muffin doal

Di Eakiast Illullill ueal			
Includes tea, coffee or hot chocolate. Free refills			
<b>Egg &amp; cheese muffin ♥</b> 555 249 kcal  Fried egg, American-style cheese, in an English muffin			
<b>Egg &amp; bacon muffin</b> 314 kcal 3.77 Fried egg, bacon, American-style cheese, in an English muffin			
<b>Egg &amp; sausage muffin</b> 3.77 Fried egg, Lincolnshire sausage, American-style cheese, in an English muffin			
<b>Egg &amp; vegetarian sausage muffin ©</b> 330 kcal <b>3.77</b> Fried egg, vegan sausage, American-style cheese, in an English muffin			
Breakfast muffin 6555 482 kcal 4.01 Fried egg, Lincolnshire sausage, bacon, American-style cheese, in an English muffin			
Smashed avocado muffin © \$\circ\$ \$\circ\$ 271 kcal 4.01 Guacamole, pico de gallo, on an English muffin, rocket Add: Maple-cured bacon (91 kcal) 1.52; Poached egg \$\circ\$ (63 kcal) 93p Grilled halloumi-style cheese \$\circ\$ (447 kcal) 1.97			
Add: Hash brown @ (82 kcal) 46p			

Fried egg, bacon, Lincolnshire sausage, hash brown, Cheddar cheese Vegetarian breakfast wrap 735 kcal 4.36 Fried egg, two vegan sausages, two hash browns, Cheddar cheese

## Tea. coffee and hot chocolate-

TEA. COFFEE AND **HOT CHOCOLATE** - ALL DAY EVERY DAY -LAVATIA (A) (B) (B)

Breakfast wrap 724 kcal

Cappuccino 102 kcal Latte V 113 kcal Mocha 147 kcal Espresso @ 6 kcal Black coffee @ 6 kcal White coffee 24 kcal Hot chocolate 169 kcal Tea

Flat white **9** 92 kcal

with semi-skimmed milk **V** 14 kcal Dairy alternative: oat sachet @ 4 kcal Decaffeinated tea and coffee available

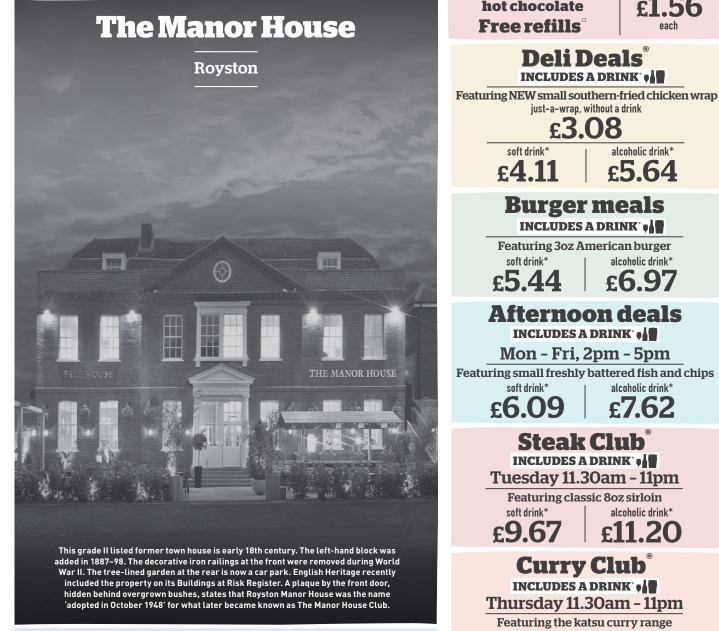
### **Biscuits**

Walkers shortbread V 151 kcal 71p Stem ginger biscuit V 123 kcal 71p Belgian chocolate biscuit V 129 kcal 71p Salted caramel brownie bar V 316 kcal 1.64

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. Prices (in pounds sterling, including VAT) may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. J D Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jdwetherspoon.com Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. \*Non-refundable advance purchase rates, available to book direct on our website, and and on the telephone. Statement of daily Calorie needs from the Department of Health & Social Care. "Excluding decaffeinated. "Drinks exclude bottled wine, sparkling wine, Prosecco by the bottle (200ml and 750ml), cocktail pitchers, spritz cocktails, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J20 and all cannet

drinkaware.co.uk idwetherspoon.com ≥

Main menu 11.30am - 11pm. Children's menu available.





4.36

## **Table service**

Download the Wetherspoon app or scan this QR code.

Or note your table number and order at the bar.

Use the app to: Search for a pub • Book a hotel • Save your favourites • Find an ale



## **Food hygiene**

We have been awarded the maximum food hygiene rating of 5 in our pub.



#### iustainable fish The cod and haddock we serve

come from fisheries which have been independently certified to the MSC's standard for well-managed and sustainable



#### 100% UK and Irish beef

From farms in the UK and Ireland, prime beef steaks matured for 28 days. Traceable from farm to fork.



#### Free-range eggs

free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.





## **Award-winning**

children's menu Best children's meals (first place) Independently run 'secret diner' survey

The freshly ground 100% Arabica

Lavazza coffee<sup>tt</sup> we serve is from

Rainforest Alliance-certified farms



#### **Sustainable Restaurant** Association

Awarded the highest rating in the world's largest sustainability certification for pubs and restaurants, evaluating standards in 'sourcing, society and the environment'.

Allergen and nutritional information can be found on our customer information screen, website and Wetherspoon app. Adults need around 2000 kcal a day.§







**Traditional** 

breakfast

£4.99

£1.56

alcoholic drink\*

£5.64

alcoholic drink\*

£6.97

£7.62

alcoholic drink<sup>\*</sup>

£11.20

alcoholic drink\*

£9.44

**Breakfast** 

8am - 12 noon

Tea. coffee and

hot chocolate

**Deli Deals** 

INCLUDES A DRINK •

just-a-wrap, without a drink

£3.08

**Burger meals** 

INCLUDES A DRINK •

Featuring 3oz American burger

**Afternoon deals** 

INCLUDES A DRINK

Mon - Fri, 2pm - 5pm

Steak Club

INCLUDES A DRINK' •

**Tuesday 11.30am - 11pm** 

Featuring classic 8oz sirloin

Curry Club

INCLUDES A DRINK •

Thursday 11.30am - 11pm

Featuring the katsu curry range

INCLUDES A DRINK •

Choose from over 150 drinks

Free refills

£4.11

soft drink\*

soft drink\*

£6.09

£9.67

soft drink\*

£7.91

£5.44

Small plates Any 3 for £14	
opped and freshly baked to order.	
dargherita 🗸 😘 467 kcal. Mozzarella, basil	5.91
Pepperoni / 575 kcal. Mozzarella, pepperoni	6.51
<b>lam and mushroom</b> 505 kcal. Mozzarella, ham, mushroom, roo B <b>BQ chicken</b> 555 kcal	cket <b>6.51</b> <b>6.51</b>
Mozzarella, BBQ sauce, chicken breast, red onion, rocket	0.51
Roasted vegetable V 514 kcal	6.51
fozzarella, mushroom, roasted pepper, courgette, onion, basil	
/egan roasted vegetable @ 50 500 355 kcal	6.51
fushroom, roasted pepper, courgette, onion, basil  Spicy meat feast //// 615 kcal	7.09
fozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket	7.07
EW Char-grilled halloumi-style cheese V 514 kcal	4.96
ocket, roasted pepper, courgette, onion, salsa	4.70
1" garlic pizza bread 💟 772 kcal	5.57
Nachos 👭 🗸 695 kcal. Cheese, guacamole, salsa, sour cream, slice	
Bowl of chips @ 964 kcal	4.23
Bowl of chips with curry sauce ∅ 1082 kcal Cheesy chips ♥ 1256 kcal	5.58 5.41
<b>Loaded chips</b> 1303 kcal. Cheese, maple-cured bacon, sour cream	6.03
Tomato & basil soup V 🕸 📆 374 kcal. White bloomer brea	
🍽 Yegan option available with vegan spread 🥏 🐯 🍪 285 kcal	
/ith any of the small plates below, choose one dip:	
weet chilli // @ 37 kcal; Sticky soy V 100 kcal; Naga chilli ///	
ack Daniel's® Tennessee Honey glaze <b>№</b> 87 kcal; Chipotle mayo <b>////</b> lue cheese <b>№</b> 270 kcal; BBQ sauce <b>⊘</b> 83 kcal	V 150 kcal
Halloumi-style fries V 555 396 kcal	4.96
Chicken bites 322 kcal. Ten battered chicken breast pieces	5.91
Southern-fried chicken strips 🖊 📆 459 kcal. Five chicken b	reast strips 5.91
Chicken wings FFF 813 kcal. Ten spicy chicken wings	6.26
	0.20
Quorn™ nuggets @ 5553 331 kcal. Eight coated pieces	5.19
Quorn™ nuggets @ 331 kcal. Eight coated pieces	
Quorn™ nuggets	5.19
Quorn <sup>™</sup> nuggets	5.19
Quorn <sup>™</sup> nuggets	5.19
Quorn™ nuggets ② 331 kcal. Eight coated pieces  Deli Deals® INCLUDES A DRINK • ↓ □  All wraps and paninis are freshly made to order  EW 10" wraps A smaller wrap and filling.  Small brunch wrap 559 kcal	5.19 :.
Quorn <sup>™</sup> nuggets	5.19
Quorn™ nuggets ② 331 kcal. Eight coated pieces  Deli Deals INCLUDES A DRINK • ↓ ■  All wraps and paninis are freshly made to order  W 10" wraps A smaller wrap and filling.  Small brunch wrap 559 kcal  ried egg, bacon, Lincolnshire sausage, Cheddar cheese  Small vegetarian brunch wrap \$545 kcal  ried egg, two vegan sausages, Cheddar cheese	5.19  iust-a-wrap, without a drink 3.08
All wraps and paninis are freshly made to order  All wraps and paninis are freshly made to order  All wraps A smaller wrap and filling.  Small brunch wrap 559 kcal  ried egg, bacon, Lincolnshire sausage, Cheddar cheese  Small vegetarian brunch wrap ♥ 545 kcal  ried egg, two vegan sausages, Cheddar cheese  Small shawarma chicken	just-a-wrap, without a drink 3.08 each
Quorn™ nuggets ② 5331 kcal. Eight coated pieces  Deli Deals INCLUDES A DRINK All wraps and paninis are freshly made to order  W 10" wraps A smaller wrap and filling.  Small brunch wrap 559 kcal  ried egg, bacon, Lincolnshire sausage, Cheddar cheese  Small vegetarian brunch wrap ● 545 kcal  ried egg, two vegan sausages, Cheddar cheese  Small shawarma chicken	just-a-wrap, without a drink 3.08 each soft drink*
All wraps and paninis are freshly made to order  All wraps and paninis are freshly made to order  All wraps A smaller wrap and filling.  Small brunch wrap 559 kcal  ried egg, bacon, Lincolnshire sausage, Cheddar cheese  Small vegetarian brunch wrap ♥ 545 kcal  ried egg, two vegan sausages, Cheddar cheese  Small shawarma chicken	just-a-wrap, without a drink 3.08 each soft drink* 4.11
Quorn™ nuggets ② 331 kcal. Eight coated pieces  Deli Deals® INCLUDES A DRINK® INCLU	just-a-wrap, without a drink 3.08 each soft drink* 4.11 each
Quorn™ nuggets ② 331 kcal. Eight coated pieces  Deli Deals® INCLUDES A DRINK® All wraps and paninis are freshly made to order  W 10" wraps A smaller wrap and filling.  Small brunch wrap 559 kcal  ried egg, bacon, Lincolnshire sausage, Cheddar cheese  Small vegetarian brunch wrap ② 545 kcal  ried egg, two vegan sausages, Cheddar cheese  Small shawarma chicken	just-a-wrap, without a drink 3.08 each soft drink* 4.11 each alcoholic drink*
All wraps and paninis are freshly made to order  All wraps and paninis are freshly made to order  All wraps A smaller wrap and filling.  Small brunch wrap 559 kcal  ried egg, bacon, Lincolnshire sausage, Cheddar cheese  Small vegetarian brunch wrap ♥ 545 kcal  ried egg, two vegan sausages, Cheddar cheese  Small shawarma chicken /// 502 kcal  chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces,  bomato, onion, rocket, fresh mint  Small Quorn™ nuggets ⊘ ⊛ 310 kcal  calad leaves, tomato, cucumber, salsa  Small southern-fried chicken /// 3399 kcal  calad leaves, smoky chipotle mayo	just-a-wrap, without a drink 3.08 each soft drink* 4.11 each
Quorn™ nuggets ② 331 kcal. Eight coated pieces  Deli Deals® INCLUDES A DRINK® All wraps and paninis are freshly made to order  W 10" wraps A smaller wrap and filling.  Small brunch wrap 559 kcal  ried egg, bacon, Lincolnshire sausage, Cheddar cheese  Small vegetarian brunch wrap ② 545 kcal  ried egg, two vegan sausages, Cheddar cheese  Small shawarma chicken	just-a-wrap, without a drink 3.08 each soft drink* 4.11 each alcoholic drink* 5.64
Deli Deals INCLUDES A DRINK INCLUDES A	just-a-wrap, without a drink 3.08 each soft drink* 4.11 each alcoholic drink* 5.64
All wraps and paninis are freshly made to order  All wraps and paninis are freshly made to order  All wraps A smaller wrap and filling.  Small brunch wrap 559 kcal  ried egg, bacon, Lincolnshire sausage, Cheddar cheese  Small vegetarian brunch wrap ♥ 545 kcal  ried egg, two vegan sausages, Cheddar cheese  Small shawarma chicken /// 502 kcal  chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces,  small Quorn™ nuggets ② ⊕ 310 kcal  calad leaves, tomato, cucumber, salsa  Small southern-fried chicken /// ⊕ 399 kcal  calad leaves, smoky chipotle mayo  Small cold chicken breast // ⊕ ⊕ 277 kcal  calad leaves, sweet chilli sauce  Small fried halloumi-style cheese // ● ⊕ 391 kcal  calad leaves, sweet chilli sauce, tomato, cucumber	just-a-wrap, without a drink 3.08 each soft drink* 4.11 each alcoholic drink* 5.64 each
Deli Deals INCLUDES A DRINK INCLUDES A	just-a-wrap, without a drink 3.08 each soft drink* 4.11 each alcoholic drink* 5.64 each
All wraps and paninis are freshly made to order  All wraps and paninis are freshly made to order  All wraps Asmaller wrap and filling.  Small brunch wrap 559 kcal  ried egg, bacon, Lincolnshire sausage, Cheddar cheese  Small vegetarian brunch wrap ♥ 545 kcal  ried egg, two vegan sausages, Cheddar cheese  Small shawarma chicken /// 502 kcal  chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, omato, onion, rocket, fresh mint  Small Quorn™ nuggets ② ③ 310 kcal  chalad leaves, tomato, cucumber, salsa  Small southern-fried chicken /// 333 399 kcal  chalad leaves, smoky chipotle mayo  Small cold chicken breast // ③ 339 277 kcal  chalad leaves, sweet chilli sauce  Small fried halloumi-style cheese // ② 339 391 kcal  chalad leaves, sweet chilli sauce, tomato, cucumber  dd: Small side salad ② (46 kcal); Small portion of chips ② (329 kcal)  2" wraps	just-a-wrap, without a drink 3.08 each soft drink* 4.11 each alcoholic drink* 5.64 each
Deli Deals INCLUDES A DRINK All wraps and paninis are freshly made to order  All wraps and paninis are freshly made to order  All wraps A smaller wrap and filling.  Small brunch wrap 559 kcal  ried egg, bacon, Lincolnshire sausage, Cheddar cheese  Small vegetarian brunch wrap 545 kcal  ried egg, two vegan sausages, Cheddar cheese  Small shawarma chicken	just-a-wrap, without a drink 3.08 each soft drink* 4.11 each alcoholic drink* 5.64 each
Deli Deals INCLUDES A DRINK INCLUDES A	just-a-wrap, without a drink 3.08 each soft drink* 4.11 each alcoholic drink* 5.64 each
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Deli Deals INCLUDES A DRINK All wraps and paninis are freshly made to order  All wraps and paninis are freshly made to order  W 10" wraps A smaller wrap and filling.  Small brunch wrap 559 kcal  ried egg, bacon, Lincolnshire sausage, Cheddar cheese  Small vegetarian brunch wrap 545 kcal  ried egg, two vegan sausages, Cheddar cheese  Small shawarma chicken	just-a-wrap, without a drink 3.08 each soft drink* 4.11 each alcoholic drink* 5.64 each
Deli Deals INCLUDES A DRINK INCLUDES A	just-a-wrap, without a drink 3.08 each soft drink* 4.11 each alcoholic drink* 5.64 each
Deli Deals INCLUDES A DRINK INCLUDES A	just-a-wrap, without a drink 3.08 each soft drink* 4.11 each alcoholic drink* 5.64 each
Deli Deals INCLUDES A DRINK INCLUDES A	just-a-wrap, without a drink 3.08 each soft drink* 4.11 each alcoholic drink* 5.64 each
Deli Deals INCLUDES A DRINK INCLUDES A	just-a-wrap, without a drink 3.08 each soft drink* 4.11 each alcoholic drink* 5.64 each

7.23

#### **Paninis**

Tuna mayo and Cheddar cheese 590 kcal Cheddar cheese and tomato V 527 kcal

Wiltshire cured ham and Cheddar cheese 508 kcal BBQ chicken, bacon and Cheddar cheese 586 kcal

8" pizzas on a freshly baked sourdough base

Choose any 8" pizza from the small plates section. Add: Side salad @ (91 kcal); Tomato & basil soup @ (150 kcal)

Spicy rice (208 kcal); Chips (602 kcal) 1.44 each

Adults need around 2000 kcal a day.§

ITECTS INCLUDES A DRINK ...

order. Traceable from farm to fork.

Beef burgers made with 100% British b	eef, freshl	y cooked to
Beef burgers One 3oz beef patty. Served with a small portion of chips (329 kcal, inc	cluded in Cal	ories below).
American burger 696 kcal Red onion, gherkin, ketchup, American-style mustard Classic beef burger 677 kcal Iceberg lettuce, tomato, red onion Skinny beef burger 375 kcal	soft drink* <b>5.44</b> each	alcoholic drink* 6.97 each
Iceberg lettuce, tomato, red onion, with a side salad, inste	ad of chips	
American cheese burger 730 kcal American-style cheese, red onion, gherkin, ketchup, American-style mustard	0.	oft drink* 6.04 lic drink* 7.57
Double beef burgers Two 3ozbeef patties. Served with chips (602 kcal, included in Calories	below).	
Double American burger 1138 kcal Red onion, gherkin, ketchup. American-style mustard Double classic beef burger 1119 kcal Iceberg lettuce, tomato, red onion	soft drink* 7.73 each	alcoholic drink* <b>9.26</b> each
<b>Double American cheese burger</b> 1207 kcal American-style cheese, red onion, gherkin, ketchup, American-style mustard	-	oft drink* 8.30 lic drink* 9.83

icken burgers ved with a small portion of chips (329 kcal, included in the Calories below). unchy chicken strip burger / 776 kcal alcoholic drink\* 6.97 southern-fried chicken strips, iceberg lettuce, mayonnaise

ved with chips (602 kcal, included in Calories below).

ed buttermilk chicken burger 1255 kcal ded whole chicken breast fillet alcoholic drink\* ar-grilled chicken breast burger 970 kcal 9.26 7.73 nny chicken burger 🚳 员 394 kcal each -grilled chicken breast, with a side salad, instead of chips

at-free burgers

ved with chips (602 kcal, included in Calories below).

yond Burger<sup>™</sup> **⊘** 1043 kcal soft drink\* alcoholic drink\* BEYOND MEAT plant-based patty, 773 9.26 erg lettuce, garlic & herb sauce each each

eaded vegetable burger 💟 1039 kcal ils, carrot, onion, sweetcorn, mushroom, mozzarella, mature Cheddar cheese ed halloumi-style cheese burger 🏉 🛛 1118 kcal. Sweet chilli sauce

st-a-burger

ved on its own, without chips or a drink. nerican burger 5 367 kcal onion, gherkin, ketchup, American-style mustard unchy chicken strip burger 🖊 📟 447 kcal

southern-fried chicken strips, iceberg lettuce, mayonnaise

ITTIES INCLUDES A DRINK •

ISSIC CUTTIES With basmati pilau rice, plain naan and poppadums.

ngalorean roasted cauliflower pinach curry 🖊 🧑 🚳 927 kcal icken tikka masala **//** 1190 kcal

soft drink\* alcoholic drink\* 11.37 9.84 i**cken jalfrezi 🏸 🎏** 935 kcal each each ef Madras //// 1043 kcal

each **3.36** 

inge your plain naan to a garlic naan 💟 (add 92 kcal) 47p

nple curries With basmati pilau rice or chips.

nple Mangalorean roasted ıliflower & spinach curry 🎵 🤕 ose: Basmati pilau rice 🥯 568 kcal; Chips 970 kcal

nple chicken tikka masala 🆊 ose: Basmati pilau rice 830 kcal; Chips 1232 kcal nple chicken jalfrezi 🏉 🎏

ose: Basmati pilau rice 🚳 575 kcal; Chips 977 kcal Simple beef Madras

Choose: Basmati pilau rice 684 kcal; Chips 1086 kcal Add: One vegetable samosa and two onion bhajis // @ (293 kcal) 1.76

Two plain poppadums @ (86 kcal) 47p Katsu curries With a mild Japanese-style katsu curry sauce,

coconut-flavour rice, sliced chillies and coriander Katsu grilled chicken curry 58 542 kcal

Sliced char-grilled chicken breast Katsu Quorn™ nugget curry @ 686 kcal Eight coated pieces Katsu chicken curry 828 kcal

Sliced whole breaded chicken breast fillet

soft drink\* alcoholic drink\* 8.73 10.26 each each

soft drink\* alcoholic drink\*

9.15

7.62

**Gourmet burgers** 

Served with chips, six onion rings (871 kcal, included in Calories below).

Ultimate burger 1656 kcal

Two 3oz beef patties, maple-cured bacon, Cheddar cheese, signature burger sauce, gherkin

Tennessee burger

Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze Choose: Beef (two 3oz beef patties) 1567 kcal

soft drink\* Char-grilled chicken breast 1417 kcal 9.93 Fried buttermilk chicken 1703 kcal each **BBQ** burger alcoholic drink

11.46

each

soft drink\*

10.83

each

alcoholic drink\*

12.36

each

soft drink\*

8.68

each

alcoholic drink\*

10.21

Maple-cured bacon, Cheddar cheese, BBQ sauce Choose: Beef (two 3oz beef patties) 1644 kcal Char-grilled chicken breast 1494 kcal Fried buttermilk chicken 1780 kcal

Heatwave burger

Naga chilli mayo, American-style cheese, hash brown, topped with a spicy chicken wing Choose: Char-grilled chicken breast 1722 kcal

Fried buttermilk chicken 2007 kcal Fiesta burger @ 1380 kcal

BEYOND MEAT plant-based patty, salsa, guacamole, roasted pepper, courgette, onion

Triple American cheese & bacon burger 1770 kcal soft drink\* 11.38 Three 3oz beef patties, American-style cheese, alcoholic drink\* 12.91 maple-cured bacon, red onion, gherkin, ketchup, American-style mustard

Additional toppings and burger patties

Maple-cured bacon with Cheddar cheese 173 kcal 2.14 2.14 Maple-cured bacon with American-style cheese 160 kcal 1.52 Cheddar cheese V 82 kcal 1.52 American-style cheese V 69 kcal 1.52 Maple-cured bacon 91 kcal Crunchy chicken strip / 92 kcal 1.50

3oz beef patty 168 kcal

Char-grilled chicken breast 187 kcal Fried buttermilk chicken 473 kcal each **1.97** Breaded vegetable patty V 257 kcal

Fried halloumi-style cheese V 298 kcal BEYOND MEAT patty @ 184 kcal

Chicken includes a drink

Chicken on the bone is marinated, slow cooked and finished on the char-grill. Peri-peri char-grilled half chicken

Lemon and herb / Char-grilled in a lemon & herb glaze Coleslaw, garlic & herb dip Choose: Side salad 918 kcal: Mediterranean salad 1048 kcal

Spicy rice 1059 kcal; Mashed potato 1137 kcal; Chips 1453 kcal Hot and spicy FFF Char-grilled in a Naga chilli & citrus glaze Coleslaw, Naga chilli dir Choose: Side salad 888 kcal: Mediterranean salad 1018 kcal Spicy rice 1029 kcal; Mashed potato 1107 kcal; Chips 1423 kcal

Char-grilled half chicken, mash and gravy 818 kcal Lemon & herb chicken, peas, chicken gravy

Boneless basket #

Chicken wing basket FFF Eight wings, coleslaw, Naga chilli dip Choose: Side salad 987 kcal; Spicy rice 1127 kcal; Chips 1522 kcal

Three southern-fried chicken strips, five chicken breast bites, coleslaw, BBQ sauce Choose: Side salad 720 kcal; Spicy rice 861 kcal; Chips 1255 kcal

Chicken hites hasket Ten battered chicken breast pieces, coleslaw, sticky soy sauce Choose: Side salad 623 kcal; Spicy rice 58 763 kcal; Chips 1157 kcal

Southern-fried chicken strips basket / Five chicken strips, coleslaw, Jack Daniel's® Tennessee Honey glaze Choose: Side salad 748 kcal; Spicy rice 888 kcal; Chips 1282 kcal Quorn™ 'no chicken' nuggets basket **// v** 

Eight coated pieces, coleslaw, sweet chilli sauce Choose: Side salad 569 kcal; Spicy rice 709 kcal; Chips 1104 kcal

Add: Chicken gravy (50 kcal) 94p

11" DIZZAS INCLUDES A DRINK •

Sourdough base - proved, stretched, topped and freshly baked to order. soft drink\* alcoholic drink Margherita V 934 kcal. Mozzarella, basil 8.68 10.21 Pepperoni // 1151 kcal. Mozzarella, pepperoni Ham and mushroom 1011 kcal soft drink\* Mozzarella, ham, mushroom, rocket 9.84 BBQ chicken 1097 kcal each Mozzarella, BBQ sauce, chicken breast, red onion, rocket alcoholic drink\* Roasted vegetable V 1028 kcal 11.37 Mozzarella, mushroom, roasted pepper, courgette, onion, basil each Vegan roasted vegetable @ 50 709 kcal Mushroom, roasted pepper, courgette, onion, basil Spicy meat feast // 1214 kcal 11.02 12.55 Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket **Additional toppings** Red onion @ 10 kcal; Sliced chillies FFFF @ 3 kcal; Mushroom @ 4 kcal each 88p

Garlic & herb dip @ 180 kcal; Mozzarella V 150 kcal; Ham 71 kcal each **1.15** Chicken breast 94 kcal: Maple-cured bacon 91 kcal Pepperoni / 109 kcal; Roasted vegetables @ 90 kcal each 1.53

### Small pub classics includes a drink

Figh and ching	soft drink*	alcoholic drink*
Fish and chips Small freshly battered cod and chips  Peas 681 kcal or mushy peas 739 kcal	7.84	9.37
Small Whitby breaded scampi Chips, peas 629 kcal or mushy peas 686 kcal. Four Whitby breaded scampi	7.84	9.37
Add: Two slices of bread ♥ (404 kcal) 1.34 Chip shop-style curry sauce  (118 kcal) 1.46		•
Small Wiltshire cured ham, egg and chips 655 455 kcal One slice of Wiltshire cured ham, fried egg	6.61	8.14
Small all-day brunch 681 kcal Lincolnshire sausage, bacon, fried egg, baked beans, chips Add: Black pudding (178 kcal) 75p	6.91	8.44
Small vegetarian all-day brunch ♥ 611 kcal	6.91	8.44

Two vegan sausages, fried egg, baked beans, chips Afternoon deal Mon - Fri, 2pm - 5pm

## Pub classics includes a drink ...

Fish and chips		
Freshly battered cod and chips  Peas 1240 kcal or mushy peas 1298 kcal	10.08	11.61
<b>Whitby breaded scampi</b> Chips, peas 1135 kcal or mushy peas 1192 kcal. Eight Whitby breaded scampi	10.08	11.61
Add: Two slices of bread ♥ (404 kcal) 1.34 Chip shop-style curry sauce ⊘ (118 kcal) 1.46		
All-day brunch 1245 kcal Two fried eggs, bacon, two Lincolnshire sausages, baked beans, Add: Black pudding (178 kcal) <b>75p</b>	<b>9.72</b> chips	11.25
<b>Vegetarian all-day brunch №</b> 1023 kcal Two fried eggs, three vegan sausages, baked beans, chips	9.72	11.25
Steak & kidney pudding Peas, onion & red wine gravy Choose: Mashed potato 963 kcal; Chips 1279 kcal	8.32	9.85
Bangers and mash 894 kcal Three Lincolnshire sausages, peas, onion & red wine gravy	8.32	9.85
Vegetarian bangers and mash ♥ 635 kcal Three vegan sausages, peas, onion & red wine gravy	8.32	9.85
Wiltshire cured ham, eggs and chips 856 kcal Two slices of Wiltshire cured ham, two fried eggs	7.73	9.26
Sausages, chips and beans 1170 kcal Three Lincolnshire sausages	7.73	9.26
Vegan sausages, chips and beans	7.73	9.26

Red peppers, red kidney and black turtle beans, smoky chipotle sauce, rice, tortilla chips

Afternoon deal Mon - Fri, 2pm - 5pm

NEW Chilli bean non-carne / @ 58 635 kcal

soft drink\* alcoholic drink 7.27 8.80

8.32

soft drink\* alcoholic drink\*

soft drink\* alcoholic drink\*

7.62

6.09

Steaks and grills INCLUDES A DRINK ...

From farms in the UK and Ireland, prime beef steaks (traceable from farm to fork), matured for 28 days, seasoned with a steak-seasoning blend and freshly cooked to your liking.

soft drink\* alcoholic drink 11.25 12.78 Mediterranean salad 657 kcal: Jacket potato 774 kcal each each Mashed potato 745 kcal: Chips 1061 kcal

Gourmet 8oz sirloin steak Peas, tomato, mushroom, three onion rings, steak sauce soft drink\* alcoholic drink\* Choose: Side salad 785 kcal 13.59 15.12 Mediterranean salad 915 kcal; Jacket potato 1032 kcal each each

Mashed potato 1003 kcal: Chips 1320 kcal Add your choice of steak sauce: Creamy peppercorn sauce (74 kcal) Jack Daniel's® Tennessee Honey glaze ♥ (87 kcal) 1.82 each

Classic 8oz sirloin steak

Choose: Side salad 526 kcal

Below meals are served with peas, tomato and mu

alcoholic drink soft drink\* 10.08 11.61 BBQ chicken melt Char-grilled chicken, Cheddar cheese, bacon, BBQ sauce Choose: Side salad 539 609 kcal; Mediterranean salad 739 kcal Jacket potato 38 856 kcal; Mashed potato 827 kcal; Chips 1143 kcal 8.73 10.26 5oz gammon and egg Choose: Side salad 🚳 😘 402 kcal; Mediterranean salad 532 kcal Jacket potato 🚳 649 kcal; Mashed potato 620 kcal; Chips 936 kcal 13.42

10oz gammon and eggs Choose: Side salad 611 kcal; Mediterranean salad 741 kcal Jacket potato 858 kcal; Mashed potato 829 kcal; Chips 1146 kcal Mixed arill 13.42 11.89 Gammon, pork loin, rump, lamb, Lincolnshire sausage Choose: Side salad 984 kcal; Mediterranean salad 1114 kcal Jacket potato 1231 kcal; Mashed potato 1202 kcal; Chips 1519 kcal

Large mixed grill 13.65 Gammon, pork loin, rump, lamb, two Lincolnshire sausages fried egg, six onion rings Choose: Side salad 1477 kcal; Mediterranean salad 1607 kcal

Jacket potato 1724 kcal; Mashed potato 1696 kcal; Chips 2012 kcal

## Noodles, salads and pastas

INCLUDES A DRINK' soft drink\* alcoholic drink\* NEW Ramen noodle bowl // @ 53 555 466 kcal 6.99 8.52 Noodles, bean sprouts, shiitake mushroom, spring onio carrot, pak choi, bamboo shoots, red onion, sliced chillies, coriander,

Add: Char-grilled chicken breast (93 kcal) 1.15; Poached egg (63 kcal) 93p Chicken & maple-cured bacon salad 9.47 11.00 Choose: Char-grilled chicken breast (1988) 283 kcal Southern-fried chicken breast strips 6500 465 kcal

Mediterranean salad @ 334 kcal 8.35 Pearl barley, quinoa, butternut squash, wheat berries, red pepper cherry tomatoes, pumpkin seeds, basil, dressing Add: Grilled halloumi-style cheese V (447 kcal) 1.97 Tuna mayo (298 kcal) **1.06**; Roasted vegetables (90 kcal) **1.53** 

Char-grilled chicken breast (187 kcal) 1.97 Grilled halloumi-style cheese 8.62 10.15 & roasted vegetable salad (V 655) 494 kcal Roasted pepper, courgette, onion, pico de gallo, dressing Burrito salad bowl W 668 kcal 8.62 10.15 Spicy rice, cheese, roasted pepper, courgette, onion, tortilla chips, guacamole, sliced chillies

Add: Char-grilled chicken breast (187 kcal) 1.97 Chilli bean non-carne / (a) (149 kcal) 1.97 Pasta alfredo V 618 kcal

Fusilli pasta, creamy pecorino & regato cheese sauce, spinach sun-dried tomato, basil, rocket Add: Char-grilled chicken breast (187 kcal) 1.97; Maple-cured bacon (91 kcal) 1.52

British beef & pancetta lasagne 9.47 11.00 Choose: Side salad 761 kcal; Chips 1295 kcal

Jacket potatoes includes a drink

With side salad and one filling. Extra fillings 1.22 each. Tuna mayo 592 kcal; Coleslaw V 559 kcal Cheese V 512 kcal

Baked beans @ 5% 555 482 kcal Chilli bean non-carne / @ 58 588 442 kcal Roasted vegetables @ 59 (500) 383 kcal

alcoholic drink\* soft drink\* 6.85 8.38 each

8.90

15.18

9.88

10.43