





















BREAKFAST


Served
8am - 12 noon

Large breakfast 1343 kcal Two fried eggs, bacon, two Lincolnshire sausages, baked beans, three hash browns, mushroom, two slices of toast	6.59
Traditional breakfast 807 kcal Fried egg, bacon, Lincolnshire sausage, baked beans, two hash browns, slice of toast	4.99
Small breakfast  435 kcal Fried egg, bacon, Lincolnshire sausage, baked beans, hash brown	4.45
<hr/>	
Add: Black pudding (178 kcal) 75p	
<hr/>	
Freedom breakfast 586 kcal Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato	4.45
Large vegetarian breakfast  1129 kcal Two fried eggs, three vegan sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast	6.59
Vegetarian breakfast  786 kcal Two fried eggs, two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast	4.99
Small vegetarian breakfast   291 kcal Fried egg, vegan sausage, baked beans, hash brown, tomato	4.45
Vegan breakfast  642 kcal Two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread	4.61
Porridge   252 kcal (plain)	2.09
Add: Banana (110 kcal) 62p ; Strawberries (27 kcal) 62p Blueberries (17 kcal) 62p ; Honey (91 kcal) 34p Sliced apple (46 kcal) 62p	
Scrambled egg on toast  570 kcal Three eggs, buttered white bloomer toast	3.77
Beans on toast   566 kcal. Buttered white bloomer toast NEW Vegan option available with vegan spread   460 kcal	3.66
Small beans on toast   252 kcal Buttered white bloomer toast	2.62
Two slices of toast with jam or marmalade  524 kcal White bloomer bread	2.47
Fresh fruit   200 kcal. Apple, banana, blueberries, strawberries	3.66
NEW Fresh fruit and yoghurt   334 kcal Apple, banana, blueberries, strawberries, Greek-style honey yoghurt	4.45









Tea, coffee and hot chocolate



FREE REFILLS





TEA, COFFEE AND HOT CHOCOLATE
— ALL DAY EVERY DAY —







£1.56 each

Flat white  92 kcal
Cappuccino  102 kcal
Latte  113 kcal
Mocha  147 kcal
Espresso  6 kcal
Black coffee  6 kcal
White coffee  24 kcal
Hot chocolate  169 kcal

Tea
with semi-skimmed milk  14 kcal
Dairy alternative: oat satchet  4 kcal
Decaffeinated tea and coffee available.

Biscuits
Walkers shortbread  151 kcal **71p**
Stem ginger biscuit  123 kcal **71p**
Belgian chocolate biscuit  129 kcal **71p**
Salted caramel brownie bar  316 kcal **1.64**

Breakfast butties and wraps

Bacon butty 574 kcal. Three rashers of bacon, buttered white bloomer bread	3.88
Sausage butty 714 kcal Two Lincolnshire sausages, buttered white bloomer bread	3.88
Vegetarian sausage butty  541 kcal Two vegan sausages, buttered white bloomer bread	3.88
NEW Vegan option available with vegan spread   435 kcal	
Breakfast wrap 724 kcal Fried egg, bacon, Lincolnshire sausage, hash brown, Cheddar cheese	4.36
Vegetarian breakfast wrap  735 kcal Fried egg, two vegan sausages, two hash browns, Cheddar cheese	4.36









Breakfast muffin deal

Includes tea, coffee or hot chocolate. Free refills*

Egg & cheese muffin   249 kcal Fried egg, American-style cheese, in an English muffin	3.31
Egg & bacon muffin  314 kcal Fried egg, bacon, American-style cheese, in an English muffin	3.77
Egg & sausage muffin  417 kcal Fried egg, Lincolnshire sausage, American-style cheese, in an English muffin	3.77
Egg & vegetarian sausage muffin   330 kcal Fried egg, vegan sausage, American-style cheese, in an English muffin	3.77
Breakfast muffin  482 kcal Fried egg, Lincolnshire sausage, bacon, American-style cheese, in an English muffin	4.01
Smashed avocado muffin   271 kcal Guacamole, pico de gallo, on an English muffin, rocket Add: Maple-cured bacon (91 kcal) 1.52 Grilled halloumi-style cheese  (447 kcal) 1.97	4.01
<hr/>	
Add: Hash brown (82 kcal) 46p	

Breakfast extras

Add any of the following:

Black pudding 178 kcal	75p	Hash brown  82 kcal	46p
Lincolnshire sausage 168 kcal	1.05	Vegan sausage  82 kcal	1.05
Slice of toast  225 kcal	1.13	Baked beans  126 kcal	93p
Fried egg  56 kcal			93p
Grilled halloumi-style cheese  447 kcal			1.97
Two rashers of back bacon 131 kcal			1.57
Four rashers of maple-cured bacon 91 kcal			1.52
Two mushrooms  100 kcal			93p
Two grilled tomato halves  16 kcal			52p

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FOOD

Main menu 11.30am - 11pm. Children's menu available.

J.J. Moon's

Tooting



This pub faces the tube station which opened in 1926 and completed Tooting's village-to-London-suburb transformation. The 1868 OS map of the area records a 'National School for Infants' on the site of this pub. It was later replaced by Tooting Public Baths, opening in 1907 and demolished in 1981. The name J.J. Moon's was inspired by the Moon Under Water, the 'ideal pub' imagined by George Orwell, who described the fictional pub in a 1946 article.

Table service

Download the Wetherspoon app or scan this QR code.



Or note your table number and order at the bar.

Use the app to: Search for a pub • Book a hotel • Save your favourites • Find an ale

<p>FOOD HYGIENE RATING </p>	<p>Food hygiene rating We have been awarded the maximum food hygiene rating of 5 in our pub.</p>	<p>CERTIFIED SUSTAINABLE SEAFOOD  www.msc.org</p>	<p>Sustainable fish The cod and haddock we serve come from fisheries which have been independently certified to the MSC's standard for well-managed and sustainable fisheries.</p>
<p>100% UK AND IRISH BEEF</p>	<p>100% UK and Irish beef From farms in the UK and Ireland, prime beef steaks, matured for 28 days. Traceable from farm to fork.</p>	<p>RSPCA ASSURED </p>	<p>Free-range eggs 100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.</p>

Breakfast

8am - 12 noon

Traditional breakfast

£4.99

Tea, coffee and hot chocolate

Free refills*

£1.56

each

Deli Deals*

INCLUDES A DRINK* 

Featuring **NEW** small southern-fried chicken wrap just-a-wrap, without a drink

£3.66

soft drink*	alcoholic drink*
£4.69	£6.22

Burger meals

INCLUDES A DRINK* 

Featuring 3oz American burger

soft drink*	alcoholic drink*
£6.04	£7.57

INCLUDES A DRINK* 

Choose from over 150 drinks

Small plates

Featuring halloumi-style fries, chicken wings and loaded chips

Any 3 for £14.93

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. Prices (in pounds sterling, including VAT) may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. J D Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jdwwetherspoon.com. *Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. *Non-refundable advance purchase rates, available to book direct on our website, app and on the telephone. †Statement of daily Calorie needs from the Department of Health & Social Care. ‡Excluding decaffeinated. *Drinks exclude bottled wine, sparkling wine, Prosecco by the bottle (200ml and 750ml), cocktail pitchers, spritz cocktails, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J20 and all canned soft drinks, except Monster. An alternative may be offered for Coldwater Creek wines. Spirit measure offered is 25ml in all free houses, except Northern Ireland (35ml).

for the facts
drinkaware.co.uk
jdwwetherspoon.com























Allergen and nutritional information can be found on our customer information screen, website and Wetherspoon app. Adults need around 2000 kcal a day.[§]

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

Small plates | Any 3 for £14.93

Bowl of chips  964 kcal	4.23
Bowl of chips with curry sauce  1082 kcal	5.58
Cheesy chips  1256 kcal	5.41
Loaded chips 1303 kcal. Cheese, maple-cured bacon, sour cream	6.03
With any of the small plates below, choose one dip:	
Sweet chilli   37 kcal; Sticky soy  100 kcal; Naga chilli     136 kcal	
Jack Daniel's® Tennessee Honey glaze  87 kcal; Chipotle mayo     150 kcal	
Blue cheese  270 kcal; BBQ sauce  83 kcal	
Halloumi-style fries   396 kcal	4.96
Chicken bites  322 kcal. Ten battered chicken breast pieces	6.31
Southern-fried chicken strips    459 kcal. Five chicken breast strips	6.20
Chicken wings    813 kcal. Ten spicy chicken wings	6.75














Deli Deals INCLUDES A DRINK

All wraps and paninis are freshly made to order.


NEW 10" wraps A smaller wrap and filling.

Small brunch wrap 559 kcal Fried egg, bacon, Lincolnshire sausage, Cheddar cheese	just-a-wrap, without a drink	3.66 each
Small vegetarian brunch wrap  545 kcal Fried egg, two vegan sausages, Cheddar cheese		
Small shawarma chicken    502 kcal Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint	soft drink*	4.69 each
Small cold chicken breast      277 kcal Salad leaves, sweet chilli sauce	alcoholic drink*	6.22 each
Small southern-fried chicken     399 kcal Salad leaves, smoky chipotle mayo		
Small fried halloumi-style cheese     391 kcal Salad leaves, sweet chilli sauce, tomato, cucumber		
Add: Small side salad  (46 kcal); Small portion of chips  (329 kcal)		1.03 each

12" wraps







NEW Shawarma chicken    719 kcal Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint		
Cold chicken breast     479 kcal Salad leaves, sweet chilli sauce		
Southern-fried chicken    609 kcal Salad leaves, smoky chipotle mayo	soft drink*	6.27 each
Fried halloumi-style cheese    707 kcal Salad leaves, sweet chilli sauce, tomato, cucumber	alcoholic drink*	7.80 each

Paninis

Tuna mayo and Cheddar cheese 590 kcal		
Cheddar cheese and tomato  527 kcal		
Wiltshire cured ham and Cheddar cheese 508 kcal		
BBQ chicken, bacon and Cheddar cheese 586 kcal		




Add: Side salad  (91 kcal); **Spicy rice**  (208 kcal); **Chips**  (602 kcal) **1.44** each

Chicken baskets INCLUDES A DRINK

Chicken wing basket   		
Eight wings, coleslaw, Naga chilli dip Choose: Side salad 987 kcal; Spicy rice 1127 kcal; Chips 1522 kcal		
Boneless basket 		
Three southern-fried chicken strips, five chicken breast bites, coleslaw, BBQ sauce Choose: Side salad 720 kcal; Spicy rice 861 kcal; Chips 1255 kcal	soft drink*	9.25 each
Chicken bites basket		
Ten battered chicken breast pieces, coleslaw, sticky soy sauce Choose: Side salad 623 kcal; Spicy rice  763 kcal; Chips 1157 kcal	alcoholic drink*	10.78 each
Southern-fried chicken strips basket 		
Five chicken strips, coleslaw, Jack Daniel's® Tennessee Honey glaze Choose: Side salad 748 kcal; Spicy rice 888 kcal; Chips 1282 kcal		

Burgers INCLUDES A DRINK

Beef burgers made with 100% British beef, freshly cooked to order. Traceable from farm to fork.



Beef burgers One 3oz beef patty. Served with a small portion of chips (329 kcal, included in Calories below).		
American burger 696 kcal Red onion, gherkin, ketchup, American-style mustard	soft drink*	6.04 each
	alcoholic drink*	7.57 each
Classic beef burger 677 kcal Iceberg lettuce, tomato, red onion		
Skinny beef burger    375 kcal Iceberg lettuce, tomato, red onion, with a side salad, instead of chips		
American cheese burger 730 kcal American-style cheese, red onion, gherkin, ketchup, American-style mustard	soft drink*	6.61
	alcoholic drink*	8.14
Double beef burgers Two 3oz beef patties. Served with chips (602 kcal, included in Calories below).		
Double American burger 1138 kcal Red onion, gherkin, ketchup, American-style mustard	soft drink*	8.30 each
	alcoholic drink*	9.83 each
Double classic beef burger 1119 kcal Iceberg lettuce, tomato, red onion		
Double American cheese burger 1207 kcal American-style cheese, red onion, gherkin, ketchup, American-style mustard	soft drink*	8.88
	alcoholic drink*	10.41

Chicken burgers

Served with a small portion of chips (329 kcal, included in the Calories below).






Crunchy chicken strip burger  776 kcal	soft drink*	6.04
Two southern-fried chicken strips, iceberg lettuce, mayonnaise	alcoholic drink*	7.57

Served with chips (602 kcal, included in Calories below).

Fried buttermilk chicken burger 1255 kcal Breaded whole chicken breast fillet	soft drink*	8.30 each
	alcoholic drink*	9.83 each
Chicken breast burger 970 kcal		
Skinny chicken burger   394 kcal Chicken breast, with a side salad, instead of chips		






Meat-free burgers

Served with chips (602 kcal, included in Calories below).

Beyond Burger™  1043 kcal  BEYOND MEAT plant-based patty, iceberg lettuce, garlic & herb sauce	soft drink*	8.30 each
	alcoholic drink*	9.83 each
Breaded vegetable burger  1039 kcal Lentils, carrot, onion, sweetcorn, mushroom, mozzarella, mature Cheddar cheese		
Fried halloumi-style cheese burger   1118 kcal Sweet chilli sauce		

Jacket potatoes INCLUDES A DRINK

With side salad and one filling.
Extra fillings 1.22 each.

Tuna mayo 592 kcal	soft drink*	7.43 each
	alcoholic drink*	8.96 each
Coleslaw  559 kcal		
Cheese  512 kcal		
Baked beans    482 kcal		

ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on our menus, customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:

- Exclude those dishes containing certain allergens.
- See full lists of ingredients.
- Set Calorie and carbohydrate limits.
- List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals and drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.



Gourmet burgers

Served with chips, six onion rings (871 kcal, included in Calories below).

Ultimate burger 1656 kcal
Two 3oz beef patties, maple-cured bacon, Cheddar cheese, signature burger sauce, gherkin

Tennessee burger
Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze
Choose: Beef (two 3oz beef patties) 1567 kcal
Chicken breast 1417 kcal
Fried buttermilk chicken 1703 kcal

BBQ burger
Maple-cured bacon, Cheddar cheese, BBQ sauce
Choose: Beef (two 3oz beef patties) 1644 kcal
Chicken breast 1494 kcal
Fried buttermilk chicken 1780 kcal

Fiesta burger  1380 kcal
 BEYOND MEAT plant-based patty, salsa, guacamole,
roasted pepper, courgette, onion

Triple American cheese & bacon burger 1770 kcal
Three 3oz beef patties, American-style cheese,
maple-cured bacon, red onion, gherkin, ketchup,
American-style mustard




Just-a-burger

Served on its own, without chips or a drink. each **3.59**




American burger   367 kcal
Red onion, gherkin, ketchup, American-style mustard

Crunchy chicken strip burger   447 kcal
Two southern-fried chicken strips, iceberg lettuce, mayonnaise

Additional toppings and burger patties


Maple-cured bacon with Cheddar cheese 173 kcal	2.14
Maple-cured bacon with American-style cheese 160 kcal	2.14
Cheddar cheese  82 kcal	1.52
American-style cheese  69 kcal	1.52
Maple-cured bacon 91 kcal	1.52
Crunchy chicken strip  92 kcal	1.50

3oz beef patty 168 kcal
Chicken breast 187 kcal
Fried buttermilk chicken 473 kcal each **1.97**
















Fried halloumi-style cheese  298 kcal
 BEYOND MEAT patty  184 kcal





Curries INCLUDES A DRINK

Katsu curries
With a mild Japanese-style katsu curry sauce,
coconut-flavour rice, sliced chillies and coriander.

Katsu grilled chicken curry  542 kcal Sliced chicken breast	soft drink*	9.31 each
	alcoholic drink*	10.84 each
Katsu chicken curry 828 kcal Sliced whole breaded chicken breast fillet		

DIETARY SYMBOLS



 = Very mild
  = Mild
   = Medium hot
    = Very hot
     = Extremely hot

 Vegetarian  Vegan  5% fat or less  Dish under 500 Calories

 Seafood with this mark comes from an MSC-certified sustainable fishery. MSC-C-56647 www.msc.org

Adults need around 2000 kcal a day.*

Small pub classics INCLUDES A DRINK

	soft drink*	alcoholic drink*
Small Wiltshire cured ham, egg and chips  455 kcal One slice of Wiltshire cured ham, fried egg	7.20	8.73
Small all-day brunch 681 kcal Lincolnshire sausage, bacon, fried egg, baked beans, chips Add: Black pudding (178 kcal) 75p	7.49	9.02
Small vegetarian all-day brunch  611 kcal Two vegan sausages, fried egg, baked beans, chips	7.49	9.02

Afternoon deal

Mon - Fri, 2pm - 5pm
Choose from the above small pub classic meals.

soft drink*	alcoholic drink*
6.67	8.20

Pub classics INCLUDES A DRINK

	soft drink*	alcoholic drink*
Fish and chips		
Freshly battered cod and chips  1240 kcal or mushy peas 1298 kcal	10.65	12.18
Whitby breaded scampi Chips, peas 1135 kcal or mushy peas 1192 kcal. Eight Whitby breaded scampi	10.65	12.18

Add: Two slices of bread  (404 kcal) **1.34**
Chip shop-style curry sauce  (118 kcal) **1.46**

All-day brunch 1245 kcal Two fried eggs, bacon, two Lincolnshire sausages, baked beans, chips Add: Black pudding (178 kcal) 75p	10.31	11.84
Vegetarian all-day brunch  1023 kcal Two fried eggs, three vegan sausages, baked beans, chips	10.31	11.84
Steak & kidney pudding Peas, onion & red		