#### Sides and extras 4.06 Bowl of chips @ 964 kcal (Add: Spicy seasoning @ (7 kcal) 34p) 2.42 Small bowl of chips @ 602 kcal Five chicken wings **FFF** 407 kcal 3.34 NEW Five chicken breast bites 161 kcal 2.99 Eight Whitby breaded scampi 464 kcal 4.99 Grilled halloumi-style cheese V 447 kcal 1.97 Peas 133 kcal Mushy peas V 248 kcal 94p 2.29 Side salad @ 91 kcal Mediterranean side salad @ 198 kcal 3.22 Roasted vegetables @ 135 kcal 1.53 Coleslaw V 399 kcal 1.40 Sliced chillies FFFF @ 3 kcal 88p 94n Chicken gravy 50 kcal Onion rings 🕖 **Six** 269 kcal **2.33 Twelve** 538 kcal **3.50** 8" 386 kcal 4.40 **11**" 772 kcal **5.57** Garlic pizza bread 💟

With cheese V	<b>8</b> " 473 kcal	4.98	<b>11</b> " 922 kcal	6.44
<b>Desserts</b>				
Vanilla ice cream 877 kcal or c		e puddin	g 🛡	4.99
NEW Millionaire's sho Two vanilla ice cream scoops, toffee sauce				2.17
Vanilla ice cream ♥ @ Two scoops, toffee sauce, Belg		auce		1.82
Cookie crunch V Two vanilla ice cream scoops,		e, Belgian ch	ocolate sauce	1.82
<b>Mini warm chocolate</b> Belgian chocolate sauce, vanil		UNDER 435 kc	al	2.98
Mini warm cookie dou Salted caramel filling, toffee s	-		431 kcal	2.98
Mini American-style   Two pancakes, maple-flavours		_	cal	3.54
Fresh fruit V 🚳 📆 47 Apple, banana, blueberries, str		lla ice cream	ı	4.56
Warm chocolate fudg	<b>e cake </b> 90	9 kcal. Vanill	a ice cream	5.33
Warm chocolate brow Belgian chocolate sauce, vanil		al		5.33
<b>Warm cookie dough s</b> Salted caramel filling, toffee s	_			5.33
British Bramley apple Vanilla ice cream 673 kcal or c				5.62
American-style pance	akes 🕐 🐵 68	39 kcal		4.99

Add: Custard (134 kcal) 1.23; Vanilla ice cream scoop (135 kcal) 94p Belgian chocolate sauce (6) (61 kcal) 42p; Toffee sauce (1) (66 kcal) 42p Banana (110 kcal) 62p; Strawberries (27 kcal) 62p; Blueberries (17 kcal) 62p

#### ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on our menus, customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:

· Exclude those dishes containing certain allergens.

Four pancakes, maple-flavour syrup, vanilla ice cream

- See full lists of ingredients.
  Set Calorie and carbohydrate limits.
- · List only vegan or vegetarian dishes.
- $While we have procedures for segregating preparation within \, meals \, and \,$ drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments

or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

#### DIETARY SYMBOLS

= Very mild = Mild = Medium hot = Very hot = Extremely hot Vegetarian Vegan 5% 5% fat or less 500 Dish under 500 Calories

Seafood with this mark comes from an MSC-certified sustainable fishery. MSC-C-56647 www.msc.org

Adults need around 2000 kcal a day.§

# BREAKFAST

# Served 8am - 12 noon

Large breakfast 1343 kcal Two fried eggs, bacon, two Lincolnshire sausages, baked beans, three hash browns, mushroom, two silices of toast  Traditional breakfast 807 kcal  Traditional break				
Fried egg, bacon, Lincolnshire sausage, baked beans, two hash browns, slice of toast Small breakfast 36 / 35 kcal Fried egg, bacon, Lincolnshire sausage, baked beans, two hash browns Fried egg, bacon, Lincolnshire sausage, baked beans, hash brown  Add. Black pudding (178 kcal) 75 p  Freedom breakfast 586 kcal Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato Large vegetarian breakfast 586 kcal Two fried eggs, two vegan sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast Vegetarian breakfast 0786 kcal Two fried eggs, two vegan sausages, baked beans, two hash browns, mushroom, tomato, two slices of toast Fried eggs, two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast Small vegetarian breakfast 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	Two fried eggs, bacon, two Lincolnshire sausages, baked beans,	6.59	Poached egg, toast, guacamole, pico de gallo,	3.88
Fried egg, bacon, Lincollishire sausage, baked beans, hash brown  Add: Black pudding (178 kcal) 75p  Freedom breakfast 586 kcal Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato  Large vegetarian breakfast 10 1129 kcal Two fried eggs, three vegan sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast  Vegetarian breakfast 10 180 kcal Two fried eggs, three vegan sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast  Vegetarian breakfast 10 180 kcal Two fried eggs, three vegan sausages, baked beans, two hash browns, mushroom, tomato, two slices of toast  Vegetarian breakfast 10 180 kcal Two fried eggs, two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast  Small vegetarian breakfast 10 10 kcal bears, two hash browns, mushroom, tomato slice of toast  Vegan breakfast 10 10 kcal bears, two hash browns, mushroom, tomato slice of toast  Two pancakes, maple-flavour syrup 10 10 10 10 10 10 10 10 10 10 10 10 10	<b>Traditional breakfast</b> 807 kcal Fried egg, bacon, Lincolnshire sausage, baked beans, two hash browns, slice	of toast	<b>Eggs Benedict</b> 725 kcal Two poached eggs, on an English muffin, with Wiltshire cured ham,	5.14
Hollandaise sauce, rocket  Freedom breakfast 586 kcal Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato Large vegetarian breakfast № 1129 kcal Two fried eggs, three vegan sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast  Vegetarian breakfast № 786 kcal Two fried eggs, two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast  Small vegetarian breakfast № 2660 kcal Small American breakfast № 2660 kcal Small vegetarian breakfast № 2660 kcal Small vegetarian breakfast № 2660 kcal Small American breakfast № 2660 kcal Small vegetarian breakfast № 2660 kcal Small beans on toast № 2660 kcal Suttered white bloomer toast NEW four pancakes, maple-flavour syrup, № 370 kcal Scrambled egg on toast № 570 kcal Scrambled eggs, buttered white bloomer toast NEW four pancakes, maple-flavour syrup, № 377 kcal Scrambled eggs, buttered white bloomer toast NEW four pancakes, maple-flavour syrup, № 370 kcal Scrambled eggs, buttered white bloomer toast NEW four pancakes, maple-flavour syrup, № 370 kcal Scrambled eggs, buttered white bloomer toast NEW four pancakes, maple-flavour syrup, № 370 kcal Scrambled eggs, buttered white bloomer toast NEW four pancakes, maple-flavour syrup, № 370 kcal Scrambled eggs, buttered white bloomer toast NEW four pancakes, maple-flavour syrup, № 370 kcal Scrambled eggs, buttered white bloomer toast NEW four pancakes, maple-flavour syrup, № 370 kcal Scrambled eggs, buttered white bloomer toast NEW four pancakes, maple-flavour syrup, № 370 kcal Scrambled eggs, buttered white bloomer toast NEW four pancakes, maple-flavour syrup, № 322 kcal Scrambled		4.43		5.14
Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato  Large vegetarian breakfast 129 kcal  Two fried eggs, three vegan sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast  Vegetarian breakfast 126 kcal  Two fried eggs, two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast  Small vegetarian breakfast 2 36 kcal  Two fried eggs, two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast  Small vegetarian breakfast 2 36 kcal  Two yaan sausage, baked beans, hash brown, tomato  Vegan breakfast 3 642 kcal  Two yaan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, wegan sausage, baked beans, two hash browns, mushroom, tomato, slice of toast, wegan sausage, baked beans, hash brown, tomato  Scrambled egg on toast 3 570 kcal  Two yaancakes, maple-flavour syrup, 3 322 kcal  Two yaancakes, maple-flavour syrup, 3 322 kcal  Two pancakes, maple-flavour syrup, 3 322 kcal  Scrambled egg on toast 5 570 kcal  Three eggs, buttered white bloomer toast  Two pancakes, maple-flavour syrup  Scrambled egg on toast 5 570 kcal  Three eggs, buttered white bloomer toast  NEW Four pancakes, maple-flavour syrup, 4 554 kcal  4.99  Two pancakes, maple-flavour syrup  Small American breakfast 629 kcal  Fried egg, hash brown, maple-cured bacon, two Lincolnshire sausage, while beans on toast 5 570 kcal  Two slices of toast with jam or marmalade 5 524 kcal  White bloomer toast  Two slices of toast with jam or marmalade 5 524 kcal  White bloomer bread  Porridge 5 522 kcal (plain)  Porridge 5 522 kcal (plain)  Add: Banana 6 (110 kcal) 62p: Maple-flavour syrup 6 (125 kcal) 34p  Strawberries (27 kcal) 62p: Blueberries (17 kcal) 62p	Add. Black nudding (178 kcal) 75p			
Large vegetarian breakfast № 1129 kcal  Two fried eggs, three vegan sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast  Vegetarian breakfast № 786 kcal  Two fried eggs, two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast  Small vegetarian breakfast № 26 20 291 kcal  Fried egg, vegan sausage, baked beans, hash brown, tomato  Vegan breakfast № 642 kcal  Two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast  Vegan breakfast № 642 kcal  Two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast  Vegan breakfast № 642 kcal  Two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast  Vegan breakfast 1258 kcal  Two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast vegan spread  American breakfast 1258 kcal  Two fried eggs, two hash browns, maple-cured bacon, two Lincolnshire sausages, four pancakes, maple-flavour syrup  Small American breakfast 629 kcal  Small American breakfast 629 kcal  Fried egg, hash browns, maple-cured bacon, two Lincolnshire sausages, four pancakes, maple-flavour syrup  Small beans on toast № 656 kcal. Buttered white bloomer toast  Small beans on toast № 656 kcal. Buttered white bloomer toast  Two slices of toast with jam or marmalade № 524 kcal  Two slices of toast with jam or marmalade № 524 kcal  Add: Banana @ (110 kcal) 62p: Maple-flavour syrup @ (125 kcal) 34p  Strawberries @ (27 kcal) 62p: Maple-flavour syrup @ (125 kcal) 34p  Strawberries @ (27 kcal) 62p: Blueberries @ (17 kcal) 62p		4.45		5.14
wushroom, tomato, two slices of toast  Vegetarian breakfast ♥ 786 kcal  Two fried eggs, two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast  Small vegetarian breakfast ♥ 36 % cal  Four pancakes, maple-flavour syrup. ♥ 3708 kcal  Four pancakes, maple-flavour syrup. ♥ 3554 kcal  4.99  Four pancakes, maple-flavour syrup. ♥ 3554 kcal  Small American-style pancakes  Fried egg, vegan sausage, baked beans, hash browns, mushroom, tomato, slice of toast, vegan spread  American breakfast 1258 kcal  Two fried eggs, two hash browns, maple-cured bacon, two Lincolnshire sausages, four pancakes, maple-flavour syrup. ♥ 366 kcal. Buttered white bloomer toast  Three eggs, buttered white bloomer toast  Scrambled egg on toast ♥ 570 kcal  Three eggs, buttered white bloomer toast  American breakfast 1258 kcal  Two fried eggs, two hash browns, maple-cured bacon, two Lincolnshire sausages, four pancakes, maple-flavour syrup  Small American breakfast 629 kcal  Fried egg, hash brown, maple-cured bacon, Lincolnshire sausage, two pancakes, maple-flavour syrup  Porridge ♥ 366 kcal (plain)  Add: Banana ② (110 kcal) 62p; Maple-flavour syrup ② (125 kcal) 34p  Strawberries ③ (27 kcal) 62p; Blueberries ② (17 kcal) 62p  Fresh fruit and yoghurt ♥ 360 kcal  A.99  Four pancakes, maple-flavour syrup. ♥ 370 kcal  Two pancakes, maple-flavour syrup. ♥ 3554 kcal  4.99  Four pancakes, maple-flavour syrup. ♥ 360 kcal  A.61  Two pancakes, maple-flavour syrup. ♥ 360 kcal  A.61  Two pancakes, maple-flavour syrup. ♥ 360 kcal  American breakfast 629 kcal  American breakfast 1258 kcal  Two silice of toast with jam or marmalade ♥ 524 kcal  White bloomer bread  Fresh fruit ② 367 kcal  Apple, banana, blueberries, strawberries  NEW Fresh fruit and yoghurt ♥ 368 334 kcal  4.99	Large vegetarian breakfast V 1129 kcal	6.59		
Two fried eggs, two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast  Small vegetarian breakfast © 500 291 kcal  Vegan breakfast © 642 kcal  Two vegan sausages, baked beans, two hash brown, tomato  Vegan breakfast 1258 kcal  American breakfast 1258 kcal  Two pancakes, maple-cured bacon, maple-flavour syrup.  322 kcal  Two pancakes, maple-flavour syrup.  322 kcal  Two pancakes, maple-flavour syrup.  322 kcal  Scrambled egg on toast  3256 kcal. Buttered white bloomer toast  Three eggs, buttered white bloomer toast  Small beans on toast  3256 kcal. Buttered white bloomer toast  Small beans on toast  3252 kcal  Small beans on toast  3252 kcal  East  3252  Small beans on toast  3252 kcal  Small beans on toast  3252 kcal  Small beans on toast  3252 kcal  Two slices of toast with jam or marmalade  3254 kcal  Two slices of toast with jam or marmalade  3254 kcal  Porridge  3252 kcal (plain)  Porridge  3252 kcal (plain)  Add: Banana  3252  Two slices of toast with jam or marmalade  3254 kcal  Apple, banana, blueberries, strawberries  Strawberries  227 kcal) 62p; Blueberries  324 kcal  Apple, banana, blueberries, strawberries				4.99
Small vegetarian breakfast ♥ ♥ ♥ ₱ 291 kcal	Two fried eggs, two vegan sausages, baked beans, two hash browns,	4.99	Four pancakes, maple-cured bacon, maple-flavour syrup. 645 kcal	
Vegan breakfast @ 642 kcal  Two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread  American breakfast 1258 kcal  Two fried eggs, two hash browns, maple-cured bacon, two Lincolnshire sausages, four pancakes, maple-flavour syrup  Small American breakfast 629 kcal  Fried egg, hash brown, maple-cured bacon, Lincolnshire sausage, two pancakes, maple-flavour syrup  Fried egg, hash brown, maple-flavour syrup  Porridge © © 669 252 kcal (plain)  Add: Banana @ (110 kcal) 62p; Blueberries @ (17 kcal) 62p  Two pancakes, maple-flavour syrup (125 kcal) 34p  Strawberries @ (27 kcal) 62p; Blueberries @ (17 kcal) 62p  Two pancakes, maple-flavour syrup, of toward the bloomer toast of the surger o	Small vegetarian breakfast V 🚳 📸 291 kcal	4.45	Small American-style pancakes	
Three eggs, buttered white bloomer toast  American breakfast 1258 kcal  Two fried eggs, two hash browns, maple-cured bacon, two Lincolnshire sausages, four pancakes, maple-flavour syrup  Small American breakfast 629 kcal  Fried egg, hash brown, maple-cured bacon, Lincolnshire sausage, two pancakes, maple-flavour syrup  Fried egg, hash brown, maple-cured bacon, Lincolnshire sausage, two pancakes, maple-flavour syrup  Porridge © 600 252 kcal (plain)  Add: Banana @ (110 kcal) 62p; Maple-flavour syrup @ (125 kcal) 34p  Strawberries @ (27 kcal) 62p; Blueberries @ (17 kcal) 62p  Three eggs, buttered white bloomer toast  Beans on toast © 566 kcal. Buttered white bloomer toast  Small beans on toast © 600 kcal  NEW Vegan option available with vegan spread © 600 kcal  Small beans on toast © 600 kcal  Small beans on toast © 600 kcal  Two slices of toast with jam or marmalade © 524 kcal  2.47  White bloomer bread  Fresh fruit © 600 200 kcal  Apple, banana, blueberries, strawberries  NEW Vegan option available with vegan spread © 600 kcal  2.62  Small beans on toast © 600 kcal  2.64  Two slices of toast with jam or marmalade © 524 kcal  3.66  Apple, banana, blueberries, strawberries	Vegan breakfast ∅ 642 kcal	4.61	Two pancakes, maple-flavour syrup. 👽 🚳 😘 277 kcal	
Two fried eggs, two hash browns, maple-cured bacon, two Lincolnshire sausages, four pancakes, maple-flavour syrup  Small American breakfast 629 kcal  Fried egg, hash brown, maple-cured bacon, Lincolnshire sausage, two pancakes, maple-flavour syrup  Porridge © 5000 252 kcal (plain)  Add: Banana @ (110 kcal) 62p; Maple-flavour syrup @ (125 kcal) 34p  Strawberries @ (27 kcal) 62p; Blueberries @ (17 kcal) 62p  NEW Vegan option available with vegan spread @ 5000 460 kcal  2.62  Small beans on toast © 5000 252 kcal  Buttered white bloomer toast  Two slices of toast with jam or marmalade © 524 kcal  2.47  White bloomer bread  Fresh fruit @ 5000 2000 kcal  Apple, banana, blueberries, strawberries  NEW Vegan option available with vegan spread © 5000 kcal  2.62  Small beans on toast © 5000 252 kcal  2.63  Average option available with vegan spread © 5000 kcal  2.64  Small beans on toast © 5000 252 kcal  2.65  Two slices of toast with jam or marmalade © 524 kcal  2.47  White bloomer bread  Fresh fruit @ 5000 2000 kcal  3.66  Apple, banana, blueberries, strawberries				
Small American breakfast 629 kcal Fried egg, hash brown, maple-cured bacon, Lincolnshire sausage, two pancakes, maple-flavour syrup  Porridge © 600 252 kcal (plain)  Add: Banana @ (110 kcal) 62p; Maple-flavour syrup @ (125 kcal) 34p  Strawberries @ (27 kcal) 62p; Blueberries @ (17 kcal) 62p  Buttered white bloomer toast  Two slices of toast with jam or marmalade © 524 kcal  Ability Signature  Two slices of toast with jam or marmalade © 524 kcal  2.47  White bloomer bread  Apple, banana, blueberries, strawberries  NEW Fresh fruit and yoghurt © 600 334 kcal  4.45			· · · · · · · · · · · · · · · · · · ·	3.66
two pancakes, maple-flavour syrup  Porridge © 6000 252 kcal (plain)  Add: Banana @ (110 kcal) 62p: Maple-flavour syrup @ (125 kcal) 34p  Strawberries @ (27 kcal) 62p: Blueberries @ (17 kcal) 62p  White bloomer bread  Fresh fruit @ 6000 2000 kcal  Apple, banana, blueberries, strawberries  NEW Fresh fruit and yoghurt © 6000 334 kcal  4.45	, , , ,	4.99		2.62
Add: Banana (110 kcal) 62p; Maple-flavour syrup (125 kcal) 34p  Strawberries (27 kcal) 62p; Blueberries (17 kcal) 62p  Apple, banana, blueberries, strawberries  NEW Fresh fruit and yoghurt (10 kcal) 334 kcal  4.45				2.47
Strawberries @ (27 kcal) 62p; Blueberries @ (17 kcal) 62p  NEW Fresh fruit and yoghurt © ® 6334 kcal  4.45	Porridge V 🚳 😘 252 kcal (plain)	2.09		3.66
	Strawberries @ (27 kcal) 62p; Blueberries @ (17 kcal) 62p		NEW Fresh fruit and yoghurt V 🕉 🛗 334 kcal	4.45

#### **Breakfast extras**

Add any of the following:					
Black pudding 178 kcal	75p	Two rashers of back bacon 131 kcal	1.57	Baked beans @ 126 kcal	93p
Lincolnshire sausage 168 kcal	1.05	Four rashers of maple-cured bacon 91 kcal	1.52	Two mushrooms @ 100 kcal	93p
Vegan sausage @ 82 kcal	1.05	Two scrambled eggs V 136 kcal	1.63	Two grilled tomato halves @ 16 kcal	52p
Slice of toast V 225 kcal	1.13	Fried egg V 56 kcal	93p	Grilled halloumi-style cheese V 447 kcal	1.97
Hash brown @ 82 kcal	46p	Poached egg V 63 kcal	93p		

### **Breakfast butties and wraps**

<b>Bacon butty</b> 574 kcal. Three rashers of bacon, buttered white bloomer bread	3.88
Sausage butty 714 kcal	3.88
Two Lincolnshire sausages, buttered white bloomer bread	
Vegetarian sausage butty 👽 541 kcal	3.88
Two vegan sausages, buttered white bloomer bread	
NEW Vegan option available with vegan spread @ 🕸 📆 435 kcal	

# **Breakfast muffin deal**

Di Caniast Inalian acai
includes tea, coffee or hot chocolate. Free refills
<b>Egg &amp; cheese muffin ♥</b> (357) 249 kcal 3.31 ried egg, American-style cheese, in an English muffin
Egg & bacon muffin 314 kcal 3.77 Fried egg, bacon, American-style cheese, in an English muffin
<b>Egg &amp; sausage muffin</b> 337 417 kcal 3.77 ried egg, Lincolnshire sausage, American-style cheese, in an English muffin
Egg & vegetarian sausage muffin V 330 kcal 3.77 ried egg, vegan sausage, American-style cheese, in an English muffin
Breakfast muffin 655 482 kcal 4.01 iried egg, Lincolnshire sausage, bacon, American-style cheese, in an English muffin
Smashed avocado muffin ② ॐ ॐ 371 kcal Guacamole, pico de gallo, on an English muffin, rocket kdd: Maple-cured bacon (91 kcal) 1.52; Poached egg ♥ (63 kcal) 93p Grilled halloumi-style cheese ♥ (447 kcal) 1.97
ıdd: Hash brown 🥏 (82 kcal) 46p

Breakfast wrap 724 kcal 4.36 Fried egg, bacon, Lincolnshire sausage, hash brown, Cheddar cheese Vegetarian breakfast wrap 735 kcal 4.36 Fried egg, two vegan sausages, two hash browns, Cheddar cheese

### Tea. coffee and hot chocolate-



Flat white **9** 92 kcal Cappuccino 102 kcal Latte V 113 kcal Mocha V 147 kcal Espresso @ 6 kcal Black coffee @ 6 kcal White coffee 24 kcal Hot chocolate 169 kcal Tea

with semi-skimmed milk **V** 14 kcal Dairy alternative: oat sachet @ 4 kcal Decaffeinated tea and coffee available

### **Biscuits**

Walkers shortbread V 151 kcal 71p Stem ginger biscuit V 123 kcal 71p Belgian chocolate biscuit V 129 kcal 71p Salted caramel brownie bar V 316 kcal 1.64

All weights are approximate uncooked. Fish, chicken and meat dishes may contain bones. Specifications may change periodically, and Calories and other nutritional values stated (which exclude drinks options) are subject to change. Prices (in pounds sterling, including VAT) may vary per pub. Subject to local licensing restrictions and availability at participating free houses. Photography is for guidance only. J D Wetherspoon plc reserves the right to withdraw/change offers (without notice), at any time. See our website for full details: jdwetherspoon.com Offer (excluding take-away) applies on day of purchase, during one visit; is non-transferable. Exclusions apply. \*Non-refundable advance purchase rates, available to book direct on our website, and and on the telephone. Statement of daily Calorie needs from the Department of Health & Social Care. "Excluding decaffeinated. "Drinks exclude bottled wine, sparkling wine, Prosecco by the bottle (200ml and 750ml), cocktail pitchers, spritz cocktails, liqueurs, bombs, shots and any drink not listed on the drinks menu. Mixers exclude J2O and all canned

drinkaware.co.uk ≈ idwetherspoon.com ≥

Main menu 11.30am - 11pm. Children's menu available.





## **Table service**

Download the Wetherspoon app or scan this QR code.

Or note your table number and order at the bar.

Use the app to: Search for a pub • Book a hotel • Save your favourites • Find an ale



### Food hygiene

We have been awarded the maximum food hygiene rating of 5 in our pub.



#### Sustainable fish The cod and haddock we serve

come from fisheries which have been independently certified to the MSC's standard for well-managed and sustainable



around 2000 kcal a day.§

Allergen and nutritional information can

be found on our customer information screen,

website and Wetherspoon app. Adults need

#### 100% UK and Irish beef

From farms in the UK and Ireland, prime beef steaks matured for 28 days. Traceable from farm to fork.





#### Free-range eggs

100% of the eggs we use are free range. All shell eggs are certified with the British Lion quality mark and are RSPCA assured, ensuring the highest standards of animal welfare.



Tea. coffee and £1.56 hot chocolate Free refills

**Traditional** 

breakfast

£4.99

### **Deli Deals** INCLUDES A DRINK

Featuring NEW small southern-fried chicken wrap just-a-wrap, without a drink

soft drink\* £3.76

alcoholic drink\* £5.29

# **Burger meals**

INCLUDES A DRINK •

Featuring 3oz American burger soft drink\* alcoholic drink\*

£5.11 £6.64

# **Afternoon deals**

INCLUDES A DRINK

Mon - Fri, 2pm - 5pm Featuring small freshly battered fish and chips soft drink\*

£5.75

£7.28

# Steak Club

INCLUDES A DRINK' • **Tuesday 11.30am - 11pm** 

Featuring classic 8oz sirloin alcoholic drink\*

£9.67

£11.20

£9.44

# **Curry Club**

INCLUDES A DRINK • Thursday 11.30am - 11pm

Featuring the katsu curry range soft drink\* alcoholic drink\*

£7.91

INCLUDES A DRINK • **Choose from over 150 drinks** 



LAVATIA Coffee
The freshly ground 100% Arabica Lavazza coffee<sup>tt</sup> we serve is from Rainforest Alliance-certified farms

#### **Award-winning** children's menu





**Sustainable Restaurant** Association Awarded the highest rating in the world's largest sustainability certification for pubs



in 'sourcing, society and the environment'. wetherspoon hotels

**qoodfoodtalks Book direct** opening menus for everybody for the best rates The spoken menu app for the visually impaired



Small plates Any 3 for £14	.95		Beef burgers made with 100% British be		1,,,,,,,
8" pizzas. Sourdough base - proved, stretched,				ei, iresn	ту со
topped and freshly baked to order.			Beef burgers One 3oz beef patty.	udadin Ca	laviaa
Margherita V 555 467 kcal. Mozzarella, basil		5.91	Served with a small portion of chips (329 kcal, included American burger 696 kcal	uded in Ca	iories
Pepperoni // 575 kcal. Mozzarella, pepperoni		6.51	Red onion, gherkin, ketchup, American-style mustard	soft drink*	alcol
Ham and mushroom 505 kcal. Mozzarella, ham, mushroom, roc BBQ chicken 555 kcal	кет	6.51 6.51	Classic beef burger 677 kcal	5.11	
Mozzarella, BBQ sauce, chicken breast, red onion, rocket		0.01	Iceberg lettuce, tomato, red onion	each	
Roasted vegetable v 514 kcal		6.51	Skinny beef burger 555 375 kcal	d af ahina	
Mozzarella, mushroom, roasted pepper, courgette, onion, basil		0.0.	Iceberg lettuce, tomato, red onion, with a side salad, instead	a of cnips	
Vegan roasted vegetable @ 58 585 kcal		6.51	American cheese burger 730 kcal		soft drin
Mushroom, roasted pepper, courgette, onion, basil			American-style cheese, red onion, gherkin, ketchup,	alcoh	olic drin
Spicy meat feast /// 615 kcal		7.09	American-style mustard		
Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket			Double beef burgers Two 3oz beef patties.		
VEW Char-grilled halloumi-style cheese V 514 kcal		4.96	Served with chips (602 kcal, included in Calories b	elow).	
Rocket, roasted pepper, courgette, onion, salsa			<b>Double American burger</b> 1138 kcal Red onion, gherkin, ketchup, American-style mustard	soft drink*	alcol
11" garlic pizza bread V 772 kcal		5.57	Double classic beef burger 1119 kcal	7.37	
Nachos FFF V 695 kcal. Cheese, guacamole, salsa, sour cream, slice		5.81	Iceberg lettuce, tomato, red onion	each	
Bowl of chips @ 964 kcal		4.06			
Bowl of chips with curry sauce @ 1082 kcal		5.58	<b>Double American cheese burger</b> 1207 kcal American-style cheese, red onion, gherkin, ketchup,		soft drin
Cheesy chips V 1256 kcal		5.19	American-style mustard	alcun	olic drin
Loaded chips 1303 kcal. Cheese, maple-cured bacon, sour cream		6.03	,		
Tomato & basil soup V 93 (555) 374 kcal. White bloomer bread		4.23	Chicken burgers Served with a small portion of chips (329 kcal, included)	م ما نیم داد م (	Calari
NEW Vegan option available with vegan spread 🥏 👀 📸 285 kcal			Crunchy chicken strip burger 7776 kcal		soft dri
With any of the small plates below, choose one dip:			Two southern-fried chicken strips, iceberg lettuce, mayonna		son uni nolic drii
Sweet chilli 🎢 🥝 37 kcal; Sticky soy 💟 100 kcal; Naga chilli 🎢 🧖			•••••••••••••••••••••••••••••••••••••••		******
Jack Daniel's® Tennessee Honey glaze V 87 kcal; Chipotle mayo	<b>' ∨</b> 150 kca	al	Served with chips (602 kcal, included in Calories be	elow).	
Blue cheese V 270 kcal; BBQ sauce Ø 83 kcal		. 0.	Fried buttermilk chicken burger 1255 kcal Breaded whole chicken breast fillet		Later
Halloumi-style fries V 555 396 kcal		4.96	Char-grilled chicken breast burger 970 kcal	soft drink* <b>7.37</b>	alcol
Chicken bites 322 kcal. Ten battered chicken breast pieces		6.09	Skinny chicken burger (3) (535) 394 kcal	each	
Southern-fried chicken strips (1997) 459 kcal. Five chicken br			Char-grilled chicken breast, with a side salad, instead of chips		
Chicken wings  813 kcal. Ten spicy chicken wings		6.75	Meat-free burgers		• • • • •
<b>Quorn™ nuggets @ ௵</b> 331 kcal. Eight coated pieces		5.19	Served with chips (602 kcal, included in Calories be	low).	
			Beyond Burger™ <b>⊘</b> 1043 kcal		1
Deli Deals Includes a Drink			BEYOND MEAT plant-based patty,	soft drink*	alcol
All wraps and paninis are freshly made to order.			iceberg lettuce, garlic & herb sauce	<b>7.37</b> each	
VEW 10" wraps A smaller wrap and filling.	•		Breaded vegetable burger V 1039 kcal		١
Small brunch wrap 559 kcal			Lentils, carrot, onion, sweetcorn, mushroom, mozzarella, m		
Fried egg, bacon, Lincolnshire sausage, Cheddar cheese			Fried halloumi-style cheese burger 🌮 🔇	1118 kcal. Si	weet ch
Small vegetarian brunch wrap V 545 kcal	just-a-w without a		Just-a-burger		
Fried egg, two vegan sausages, Cheddar cheese	2.73		Served on its own, without chips or a drink.		(
Small shawarma chicken FFF 502 kcal	each	1	American burger 367 kcal		
Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces,	6.11	1.*	Red onion, gherkin, ketchup, American-style mustard		
omato, onion, rocket, fresh mint	soft drii		Crunchy chicken strip burger / (555) 447 kcal		
<b>Small Quorn™ nuggets ⊘ ௵</b> 310 kcal	3.76 each		Two southern-fried chicken strips, iceberg lettuce, mayonna	aise	
Salad leaves, tomato, cucumber, salsa	alcoholic o	deinle*	Curries includes a drink	1	
Small southern-fried chicken /// 555 399 kcal Salad leaves, smoky chipotle mayo	5.29		Classic curries With basmati pilau rice, plain		nonna
Small cold chicken breast // 59 (566) 277 kcal	each		Mangalorean roasted cauliflower	iidaii aiiu j	poppa
Salad leaves, sweet chilli sauce			& spinach curry // @ \$ 927 kcal		
Small fried halloumi-style cheese // 😯 😘 391 kcal			Chicken tikka masala // 1190 kcal	soft drink*	alcoh
Salad leaves, sweet chilli sauce, tomato, cucumber			Chicken jalfrezi	9.49	1
Add: Small side salad @ (46 kcal); Small portion of chips @ (329 kcal)	1.03 each	1		each	I
401			Beef Madras 💴 1043 kcal		
l2"wraps			Change your plain naan to a garlic naan 🗸 (add 92	kcal) <b>47p</b>	
Shawarma chicken /// 719 kcal			Simple curries With basmati pilau rice or chip	15	
Chicken thigh, Middle Eastern spices, Naga chilli and garlic & herb sauces, tomato, onion, rocket, fresh mint			Simple Mangalorean roasted		
<b>Quorn™ nuggets ⊚ ®</b> 508 kcal. Tomato, cucumber, salsa			cauliflower & spinach curry 🎢 🚳		
Southern-fried chicken /// 609 kcal			Choose: Basmati pilau rice 🚳 568 kcal; Chips 970 kcal		
Salad leaves, smoky chipotle mayo			Simple chicken tikka masala 🖊	soft drink*	alcoh
Cold chicken breast 🎢 🚳 479 kcal	soft dri	ink*	Choose: Basmati pilau rice 830 kcal; Chips 1232 kcal	7.27	attor
Salad leaves, sweet chilli sauce	5.3		Simple chicken jalfrezi	each	`
Fried halloumi-style cheese ሾ 🖤 707 kcal	each	1	Choose: Basmati pilau rice 🥸 575 kcal; Chips 977 kcal		
Salad leaves, sweet chilli sauce, tomato, cucumber	alcoholic		Simple beef Madras		
Paninis	6.8		Choose: Basmati pilau rice 684 kcal; Chips 1086 kcal		
Tuna mayo and Cheddar cheese 590 kcal	each	1	Add: One vegetable samosa and two onion bhajis 🏴 🧔 (2	93 kcal) <b>1</b> .7	76
Cheddar cheese and tomato V 527 kcal			Two plain poppadums @ (86 kcal) 47p		_
Wiltshire cured ham and Cheddar cheese 508 kcal					
BBQ chicken, bacon and Cheddar cheese 586 kcal			Katsu curries With a mild Japanese-style katsu	ı curry sau	ice,
			coconut-flavour rice, sliced chillies and coriander.		
B" pizzas on a freshly baked sourdough base			Katsu grilled chicken curry 🚳 542 kcal Sliced char-grilled chicken breast		
Choose any 8" pizza from the small plates section.			Katsu Quorn™ nugget curry <b>⊘</b> 686 kcal	ooft J.J. 1 *	40.0
Add: Side salad @ (91 kcal); Tomato & basil soup @ (150 kcal)			Fight coated pieces	soft drink*	alcoh

Spicy rice (208 kcal); Chips (602 kcal) 1.44 each

Adults need around 2000 kcal a day.§

Burgers includes a drink	10	
Beef burgers made with 100% British b	eef, freshl	y cooked to
Beef burgers One 30z beef patty. Served with a small portion of chips (329 kcal, in	cluded in Cal	ories below).
American burger 696 kcal Red onion, gherkin, ketchup, American-style mustard Classic beef burger 677 kcal	soft drink* <b>5.11</b> each	alcoholic drink*  6.64 each
ceberg lettuce, tomato, red onion <b>Skinny beef burger (%)</b> 375 kcal ceberg lettuce, tomato, red onion, with a side salad, inste		eacii
American cheese burger 730 kcal American-style cheese, red onion, gherkin, ketchup, American-style mustard		oft drink* 5.70 lic drink* 7.23
Double beef burgers Two 30z beef patties.	\	• • • • • • • • • • • • • • • • • • • •
Served with chips (602 kcal, included in Calories Double American burger 1138 kcal Red onion, gherkin, ketchup, American-style mustard Double classic beef burger 1119 kcal ceberg lettuce, tomato, red onion	soft drink* 7.37 each	alcoholic drink* <b>8.90</b> each
Double American cheese burger 1207 kcal American-style cheese, red onion, gherkin, ketchup, American-style mustard		oft drink* 7.95 lic drink* 9.48
Chicken burgers  Served with a small portion of chips (329 kcal, incl  Crunchy chicken strip burger 776 kcal  Two southern-fried chicken strips, iceberg lettuce, mayor  Served with chips (602 kcal, included in Calories	s nnaise alcoho	calories below). coft drink* 5.11 blic drink* 6.64
Fried buttermilk chicken burger 1255 kcal Breaded whole chicken breast fillet Char-grilled chicken breast burger 970 kcal Skinny chicken burger 😵 📆 394 kcal Char-grilled chicken breast, with a side salad, instead of chip	each	alcoholic drink* <b>8.90</b> each
Meat-free burgers Served with chips (602 kcal, included in Calories I	nelow).	
Beyond Burger™	soft drink* 7.37 each	alcoholic drink* <b>8.90</b> each
Breaded vegetable burger <b>№</b> 1039 kcal Lentils, carrot, onion, sweetcorn, mushroom, mozzarella, Fried halloumi-style cheese burger <b>///</b>		
Just-a-burger Served on its own, without chips or a drink. American burger 555 367 kcal Red onion, gherkin, ketchup, American-style mustard Crunchy chicken strip burger 7655 447 kc Two southern-fried chicken strips, iceberg lettuce, mayor		each <b>3.36</b>
Curries includes a drink •		
<mark>Classic curries</mark> With basmati pilau rice, plai Mangalorean roasted cauliflower & spinach curry <b>///</b> @ ® 927 kcal		
Chicken tikka masala // 1190 kcal Chicken jalfrezi /// © 935 kcal Beef Madras //// 1043 kcal	soft drink* <b>9.49</b> each	alcoholic drink* 11.02 each
Change your plain naan to a garlic naan 🔇 (add		
<mark>Simple curries</mark> With basmati pilau rice or ch Simple Mangalorean roasted cauliflower & spinach curry <b>ፆፆ</b>	iips.	
Simple chicken tikka masala // Choose: Basmati pilau rice 830 kcal; Chips 1232 kcal Simple chicken jalfrezi ////	soft drink* <b>7.27</b> each	alcoholic drink* <b>8.80</b> each
Choose: Basmati pilau rice 🚳 575 kcal: Chips 977 kcal		

8.38

each

Eight coated pieces

Katsu chicken curry 828 kcal

Sliced whole breaded chicken breast fillet

alcoholic drink\*

9.91

each

Maple-cured bacon with Cheddar cheese 173 kcal Maple-cured bacon with American-style cheese 160 k Cheddar cheese ② 82 kcal American-style cheese ② 69 kcal Maple-cured bacon 91 kcal Crunchy chicken strip / 92 kcal  3oz beef patty 168 kcal Char-grilled chicken breast 187 kcal Fried buttermilk chicken 473 kcal Breaded vegetable patty ② 257 kcal Fried halloumi-style cheese ② 298 kcal  BEYOND MEAT patty ② 184 kcal	2.14 1.52 1.52 1.52 1.50
Chicken Includes a DRINK	
Chicken on the bone is marinated, slow cooked and finished on the char-grill.  Peri-peri char-grilled half chicken  Lemon and herb / Char-grilled in a lemon & herb glaze  Coleslaw, garlic & herb dip  Choose: Side salad 918 kcal; Mediterranean salad 1048 kcal  Spicy rice 1059 kcal; Mashed potato 1137 kcal; Chips 1453 kcal  Hot and spicy // Char-grilled in a Naga chilli & citrus glaze  Coleslaw, Naga chilli dip  Choose: Side salad 888 kcal; Mediterranean salad 1018 kcal  Spicy rice 1029 kcal; Mashed potato 1107 kcal; Chips 1423 kcal  Char-grilled half chicken, mash and gravy 818 kcal  Lemon & herb chicken, peas, chicken gravy	soft drink* 10.49 each alcoholic drink* 12.02 each
Chicken baskets Chicken wing basket  fight wings, coleslaw, Naga chilli dip Choose: Side salad 987 kcal; Spicy rice 1127 kcal; Chips 1522 kcal Boneless basket  filters outhern-fried chicken strips, five chicken breast bites, coleslaw, to Choose: Side salad 720 kcal; Spicy rice 861 kcal; Chips 1255 kcal Chicken bites basket Ten battered chicken breast pieces, coleslaw, sticky soy sauce Choose: Side salad 623 kcal; Spicy rice  763 kcal; Chips 1157 kcal Southern-fried chicken strips basket  Five chicken strips, coleslaw, Jack Daniel's Tennessee Honey glaze Choose: Side salad 748 kcal; Spicy rice 888 kcal; Chips 1282 kcal Quorn fochicken nuggets basket  filters for chicken strips hasket  filters for chicken strips hasket for chicken strips hasket filters for chicken strips for filters for chicken strips for chicken strips for chicken strips for filters for chicken strips for chicken str	

Traceable from farm to fork. **Gourmet burgers** 

'raceable from farm to fork	
raceable from farm to fork.  Gourmet burgers  Served with chips, six onion rings (871 kcal, included in Calor.	ies below)
Ultimate burger 1656 kcal Two 3oz beef patties, maple-cured bacon, Cheddar cheese, signature burger sauce, gherkin	ics below).
Tennessee burger Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze Choose: Beef (two 3oz beef patties) 1567 kcal	soft drink*
Char-grilled chicken breast 1417 kcal Fried buttermilk chicken 1703 kcal BBQ burger	9.58 each
Maple-cured bacon, Cheddar cheese, BBQ sauce Choose: Beef (two 3oz beef patties) 1644 kcal Char-grilled chicken breast 1494 kcal Fried buttermilk chicken 1780 kcal	alcoholic drink* <b>11.11</b> each
Heatwave burger PPP Naga chilli mayo, American-style cheese, hash brown, topped with a spicy chicken wing Choose: Char-grilled chicken breast 1722 kcal	
Fried buttermilk chicken 2007 kcal  Fiesta burger ② 1380 kcal  BEYOND MEAT plant-based patty, salsa, guacamole, roasted pep courgette, onion	per,
Triple American cheese & bacon burger 1770 kcal so	ft drink* 11.03 ic drink* 12.56
Additional toppings and burger patties  Maple-cured bacon with Cheddar cheese 173 kcal  Maple-cured bacon with American-style cheese 160  Cheddar cheese 82 kcal  American-style cheese 69 kcal  Maple-cured bacon 91 kcal  Crunchy chicken strip 72 kcal	1.52 1.52 1.52 1.50
3oz beef patty 168 kcal Char-grilled chicken breast 187 kcal Fried buttermilk chicken 473 kcal Breaded vegetable patty <b>②</b> 257 kcal	each <b>1.97</b>
Fried halloumi-style cheese © 298 kcal  BEYOND MEAT patty @ 184 kcal	
Chicken Includes a DRINK	
Chicken on the bone is marinated, slow cooked and finished on the char-grill.  Peri-peri char-grilled half chicken	
Lemon and herb	soft drink* <b>10.49</b> each
Hot and spicy /// Char-grilled in a Naga chilli & citrus glaze Coleslaw, Naga chilli dip Choose: Side salad 888 kcal; Mediterranean salad 1018 kcal Spicy rice 1029 kcal; Mashed potato 1107 kcal; Chips 1423 kcal	alcoholic drink* 12.02 each
Char-grilled half chicken, mash and gravy 818 kcal Lemon & herb chicken, peas, chicken gravy	
Chicken baskets Chicken wing basket /// Eight wings, coleslaw, Naga chilli di Choose: Side salad 987 kcal; Spicy rice 1127 kcal; Chips 1522 kcal Boneless basket /	
Three southern-fried chicken strips, five chicken breast bites, coleslaw, Choose: Side salad 720 kcal; Spicy rice 861 kcal; Chips 1255 kcal Chicken bites basket	BBQ sauce
Ten battered chicken breast pieces, coleslaw, sticky soy sauce Choose: Side salad 623 kcal; Spicy rice \$\infty\$ 763 kcal; Chips 1157 kcal Southern-fried chicken strips basket	<b>8.32</b> each
Five chicken strips, coleslaw, Jack Daniel's® Tennessee Honey glaze  Choose: Side salad 748 kcal; Spicy rice 888 kcal; Chips 1282 kcal	alcoholic drink* <b>9.85</b> each

soft drink	
	soft drink*
	9.49
	each
	alcoholic drink*
il	<b>11.02</b> each
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ocket	12.10
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	kcal each <b>88p</b>
71 kcal	each <b>1.15</b>
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soft drink* <b>5.75</b>	alcoholic drink*
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soft drink* 5.75  SINK 9.72  9.72  9.37  ns, chips  9.37  7.96	alcoholic drink* 7.28  * alcoholic drink 11.25 11.25 10.90 10.90 9.49 9.49 9.49
soft drink* 5.75  soft drink 9.72 9.72  9.37 7.96 7.96 7.96 7.38	alcoholic drink* 7.28  * alcoholic drink 11.25 11.25 10.90 9.49 9.49 9.49 9.49 8.91
soft drink* 5.75  soft drink 9.72 9.72 9.37 ns, chips 9.37 7.96 7.96	alcoholic drink* 7.28  * alcoholic drink 11.25 11.25 10.90 9.49 9.49 9.49 9.49 8.91
soft drink* 5.75  soft drink 9.72 9.72  9.37 7.96 7.96 7.96 7.38	alcoholic drink* 7.28  * alcoholic drink 11.25 11.25  10.90 9.49 9.49 9.49 9.49 8.91 8.91
soft drink* 5.75  SINK • • • • • • • • • • • • • • • • • • •	alcoholic drink* 7.28  * alcoholic drink 11.25 11.25  10.90 9.49 9.49 9.49 9.49 8.91 8.91 8.91
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soft drink* 5.75  SINK* • • • • • • • • • • • • • • • • • • •	alcoholic drink* 7.28  * alcoholic drink 11.25 11.25  10.90 9.49 9.49 9.49 9.49 8.91 8.91 8.91
	10.65 ocket hroom ② 4 71 kcal  UDES A I soft drink 7.49

From farms in the UK and Ireland, prime beef steaks (traceable from farm to fork), matured for 28 days, seasoned with a steak-seasoning blend and freshly cooked to your liking.				
Classic 8oz sirloin steak Choose: Side salad 526 kcal Mediterranean salad 657 kcal; Jacket potato 774 kcal Mashed potato 745 kcal; Chips 1061 kcal	soft drink* <b>10.90</b> each	alcoholic drink* <b>12.43</b> each		
Gourmet 8oz sirloin steak Peas, tomato, mushroom, three onion rings, steak sauce Choose: Side salad 785 kcal Mediterranean salad 915 kcal; Jacket potato 1032 kcal Mediterranean salad 915 kcal; Jacket potato 1032 kcal	soft drink* 13.24 each	alcoholic drink* <b>14.77</b> each		
Mashed potato 1003 kcal; Chips 1320 kcal  Add your choice of steak sauce: Creamy peppercorn sauce (74 kcal)  Jack Daniel's® Tennessee Honey glaze ♥ (87 kcal) 1.82 each				
Below meals are served with peas, tomato and mushroom.				
BBQ chicken melt Char-grilled chicken, Cheddar cheese, bacon, BBQ sauce Choose: Side salad \$\infty\$ 609 kcal; Mediterranean salad 735 Jacket potato \$\infty\$ 856 kcal; Mashed potato 827 kcal; Chips		11.25		

Add your choice of steak sauce: Creamy peppercorn sauce (74 Jack Daniel's® Tennessee Honey glaze V (87 kcal) 1.82 each	,	
Below meals are served with peas, tomato and mush	room. soft drink*	alcoholic drink*
BBQ chicken melt Char-grilled chicken, Cheddar cheese, bacon, BBQ sauce Choose: Side salad \$\citet{\citete}\$ 609 kcal; Mediterranean salad 739 kca Jacket potato \$\citete{\citete}\$ 856 kcal; Mashed potato 827 kcal; Chips 114		11.25
<b>5oz gammon and egg</b> Choose: Side salad 🍪 🐯 402 kcal; Mediterranean salad 53 Jacket potato 🥸 649 kcal; Mashed potato 620 kcal; Chips 936		9.91
10oz gammon and eggs Choose: Side salad 611 kcal; Mediterranean salad 741 kcal Jacket potato 858 kcal; Mashed potato 829 kcal; Chips 1146 kr	<b>11.54</b>	13.07
Mixed grill Gammon, pork loin, rump, lamb, Lincolnshire sausage Choose: Side salad 984 kcal; Mediterranean salad 1114 kcal Jacket potato 1231 kcal; Mashed potato 1202 kcal; Chips 1519	<b>11.54</b> kcal	13.07
Large mixed grill Gammon, pork loin, rump, lamb, two Lincolnshire sausages, fried egg, six onion rings Choose: Side salad 1477 kcal; Mediterranean salad 1607 kcal Jacket potato 1724 kcal; Mashed potato 1696 kcal; Chips 2012	<b>13.30</b> kcal	14.83

### **Noodles, salads and pastas** INCLUDES A DRINK

100		
S	oft drink*	alcoholic drink
Noodles, bean sprouts, shiitake mushroom, spring onion,	6.99	8.52
carrot, pak choi, bamboo shoots, red onion, sliced chillies, coriande in a light broth	er,	
Add: Char-grilled chicken breast (93 kcal) 1.15; Poached egg 💟	(63 kcal)	93p
Chicken & maple-cured bacon salad Choose: Char-grilled chicken breast 333 283 kcal	9.13	10.66
Southern-fried chicken breast strips 555 465 kcal	0.00	0.50
Mediterranean salad (2) \$333 334 kcal Pearl barley, quinoa, butternut squash, wheat berries, red pepper.	8.00	9.53
cherry tomatoes, pumpkin seeds, basil, dressing		
Add: Grilled halloumi-style cheese (V) (447 kcal) 1.97		
Tuna mayo (298 kcal) 1.06; Roasted vegetables @ (90 kcal) 1.5	3	
Char-grilled chicken breast (187 kcal) 1.97		
Grilled halloumi-style cheese	8.28	9.81
& roasted vegetable salad V 600 494 kcal Roasted pepper, courgette, onion, pico de gallo, dressing		
Burrito salad bowl ♥ 668 kcal Spicy rice, cheese, roasted pepper, courgette, onion, tortilla chips, guacamole, sliced chillies	8.28	9.81
Add: Char-grilled chicken breast (187 kcal) 1.97 Chilli bean non-carne / 🐼 (149 kcal) 1.97		
Pasta alfredo ♥ 618 kcal Fusilli pasta, creamy pecorino & regato cheese sauce, spinach, sun-dried tomato, basil, rocket	8.57	10.10
Add: Char-grilled chicken breast (187 kcal) 1.97; Maple-cured ba	<b>acon</b> (91	kcal) <b>1.52</b>
British beef & pancetta lasagne	9.13	10.66

### Jacket potatoes includes a drink |

With side salad and one filling. Extra fillings 1.22 each. Tuna mayo 592 kcal; Coleslaw V 559 kcal

Choose: Side salad 761 kcal; Chips 1295 kcal

Cheese V 512 kcal Baked beans @ 500 482 kcal Chilli bean non-carne / @ 538 5555 442 kcal Roasted vegetables @ 58 583 kcal

soft drink\* | alcoholic drink\* 6.50 8.03 each